



Teaching Guide - PRESCHOOL & VSN

Aloha - Keeping Cool When Things Get Hot

"Love the Lord your God with all your heart, soul and strength."

Deuteronomy 6:5 (ICB)

LESSON - BE THANKFUL!

Welcome back, island explorers! We are having so much fun in our Aloha: Keeping Cool When Things Get Hot series! God gives us His commandments to help us make good choices and learn how to live His way. Today, we are learning about Commandment Ten, and it teaches us something very important: Be thankful for what God has given you!

SAY IT: Commandment Ten...Be thankful!

DO IT: Place both hands over your heart and smile big.

God does not want us to always look at what someone else has and become upset or jealous. Sometimes another person may have cool toys, fun shoes, or get picked for something special. But God wants us to remember that He loves us and has blessed us, too.

SAY IT: God is good to me!

DO IT: Point both thumbs toward yourself.

God made every person special and different. Some people are good at drawing. Some people are good at playing sports. Some people are good at singing or helping others. God has a special plan for every person.

SAY IT: God made me special and God made you special!

DO IT: Point to the person next to you.

When we always want what someone else has, we forget to be happy for the good things God gave us. God wants us to have happy, thankful hearts instead of being upset because someone else has something.

SAY IT: I can be thankful!

DO IT: Put both hands together like you are praying.

Thankfulness helps our hearts feel peaceful and joyful. We can thank God for our family, our friends, our food, our toys, our church, and most of all, God's love for us.

SAY IT: Thank You, God!

DO IT: Lift both hands in the air.

When we trust God and thank Him for what we have, our hearts become happy and full of joy. God loves when we celebrate others instead of becoming upset or jealous. God also loves it when we are thankful for what he has already done for us.

Today, we learned Commandment Ten...Be thankful!

SAY IT: Commandment Ten...Be thankful!

DO IT: Hold up 10 fingers

PRAYER: Dear Jesus, Thank You for loving me and taking care of me. Help me have a thankful heart and be happy for others. Thank You for all the good things You have given me. In Jesus' name, Amen.

LESSON QUESTIONS - 10 MINS

2 & 3YR OLDS

1. Should we be thankful for what God gives us? **(Yes)**
2. Did God make us special? **(Yes)**
3. Should we be upset that someone has something that we do not have? **(No)**
4. Does God take care of us? **(Yes)**

4YRS - 1ST GRADE

1. What commandment did we learn today? **Commandment 10 - Be thankful**
2. Does God want us to be upset that someone has something that we do not have? **No**
3. What kind of heart does God want us to have? **A thankful heart**
4. What are some things we can thank God for? **Family, friends, food, toys, church, and God's love**



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ACTIVITY 1: ALOHA LIMBO

Items Needed: Limbo game and island music

Connection: Aloha fun

Step 1: Gather the kids in a straight line

Step 2: Hold up the limbo stick at a comfortable height

Step 3: Start music and let the kids take turns going under the limbo stick

Step 4: Lower the limbo stick each round and celebrate at the end.

ACTIVITY 2: COMMANDMENT BEACHBALL SCAVENGER HUNT!

Items Needed: precut commandment beachballs, and a bucket

Connection: Commandment review

Step 1: Hide precut commandment beachballs around the room

Step 2: Kids will search the room for the commandment beachballs.

Step 3: Read out loud each commandment beachball and have the kids put it in the bucket.

ACTIVITY 3: BUBBLE PARTY OR STORY TIME

Items Needed: Bubbles and music OR book basket

We've got some extra time today, so let's spend it worshipping and dancing with bubbles or reading a book to the class (please show the pictures on each page).

CRAFT OR COLORING SHEET (USE 1 OR 2 OPTIONS DEPENDING ON CLASS AGE & TIME)

CRAFT 1: TEN COMMANDMENT COLOR CARD CRAFT

Items Needed: Jenaai 24 Sets Ten Commandments Scratch Color Kit

Connection: Review the Ten Commandments

Step 1: Distribute the Ten Commandments Scratch Color Cards and scratch stick

Step 2: Help kids scratch off the top coat to reveal the 10 commandments

Step 3: Help kids tie the ribbon on the cards

CRAFT 2: BE THANKFUL COLORING SHEET

Items Needed: Coloring sheet and crayons.

Connection: Be thankful for what God has given you.

Step 1: Distribute the coloring sheets and allow time to color.

COMMANDMENT

10

**Be
Thankful!**

Be content with
what you have,
because God has
given you so much!

HEBREWS 13:5

Thank You, God, for all the good things You give me!