



Aloha - Keeping Cool When Things Get Hot

"Love the Lord your God with all your heart, soul and strength."

Deuteronomy 6:5 (ICB)

LESSON - TELL THE TRUTH!

Welcome back, island explorers! We are having so much fun in our Aloha: Keeping Cool When Things Get Hot series! Each week, we are discovering that God helps us make wise choices with our actions, attitudes, and even our words. Today, we are learning about Commandment Nine, and it teaches us something very important: Tell the truth!

SAY IT: Commandment Nine...Tell the truth!

DO IT: Put your hands around your mouth like you are talking.

God gave His people the Ten Commandments to teach them how to live His way. One of those commandments teaches us to use truthful words and say what is honest. God loves truth because God is truthful.

SAY IT: God loves truth!

DO IT: Point upward to God.

Our words are powerful. Kind words can help people feel happy, loved, and included. Hurtful or untrue words can make people feel sad. God wants us to think carefully before we speak and use words that are kind and truthful.

SAY IT: Kind words matter!

DO IT: Give us a big smile!

Sometimes we say something wrong, but we can fix it. We can say "I'm sorry," tell the truth, and ask God to help us make better choices next time. God helps us use our words in a good way every day.

SAY IT: God helps me choose good words!

DO IT: Point to your mouth with one finger.

When we tell the truth and speak kindly, we show God's love to other people. God loves when we use words that help others instead of hurting them.

Today, we learned Commandment Nine...Tell the truth!

SAY IT: Commandment Nine...Tell the truth!

DO IT: Count to nine together while clapping...One...Two...Three...Four...Five...Six...Seven...Eight...Nine!

PRAYER: Dear Jesus, Thank You for teaching us to tell the truth. Help us use our words to be kind to other people and not make them sad. Help us to show Your love to our family and our friends. In Jesus' name, Amen.

LESSON QUESTIONS - 10 MINS

2 & 3YR OLDS

1. Did God give us commandments? **(Yes)**
2. Should we tell the truth? **(Yes)**
3. Should we use mean words? **(No)**
4. Should we use kind words? **(Yes)**

4YRS - 1ST GRADE

1. What commandment did we learn today? **Commandment 9 - Tell the truth**
2. What kind of words does God want us to use? **Kind and truthful words**
3. What should we do if we say something wrong? **Say sorry and tell the truth**
4. Can our words help people feel loved? **Yes**



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ACTIVITY 1: TRUTH OR NOT?

Items Needed: None.

Connection: God wants us to tell the truth

Step 1: Kids stand in a circle.

Step 2: Say silly statements aloud. Have the kids clap if it is true, have them shake their heads no if it is not.

Step 3: "Fish can fly airplanes!", "The sun is hot!", "Dogs meow like cats!", "Bananas are yellow!", "Dogs don't bark they talk, Jesus loves us, Shoes go on your hands, God made the world, Ice cream is cold, Cars can eat pizza"

Step 4: Remind kids that God wants us to always tell the truth.

ACTIVITY 2: KIND WORDS BEACH BALL TOSS!

Items Needed: beach ball

Connection: Our words can help others feel loved and encouraged

Step 1: Kids stand in a circle.

Step 2: Toss the beach ball to different children.

Step 3: Whoever catches the ball says: a kind word or something nice to a friend

Examples: Jesus loves you, You are kind, You are a good friend

Step 4: Explain we should always say kind words to other people.

ACTIVITY 3: BUBBLE PARTY OR STORY TIME

Items Needed: Bubbles and music OR book basket

We've got some extra time today, so let's spend it worshipping and dancing with bubbles or reading a book to the class (please show the pictures on each page).

CRAFT OR COLORING SHEET (USE 1 OR 2 OPTIONS DEPENDING ON CLASS AGE & TIME)

CRAFT 1: TEN COMMANDMENT CHURCH CRAFT

Items Needed: Fun Express 10 Commandments for Kids Craft Kit, markers

Connection: Learn the Ten Commandments

Step 1: Distribute the Ten Commandments church craft kit

Step 2: Help kids stick self-adhesive foam pieces & Satin Cord

Step 3: Help kids write their names on the back of the craft

CRAFT 2: TELL THE TRUTH COLORING SHEET

Items Needed: Coloring sheet and crayons.

Connection: God wants us to tell the truth and use kind words.

Step 1: Distribute the coloring sheets and allow time to color.

TELL THE TRUTH!

I can use kind and truthful words.

I will
always tell
the truth!

COMMANDMENT 9:
YOU SHALL NOT BEAR FALSE
WITNESS AGAINST YOUR NEIGHBOR.

EXODUS 20:16

I CAN CHOOSE TO:



SPEAK KINDLY



TELL THE TRUTH



BUILD OTHERS UP