

ALOHA: KEEPING COOL WHEN THINGS GET HOT

"THINK ONLY ABOUT THE THINGS IN HEAVEN, NOT THE THINGS
ON EARTH" COLOSSIANS 3:2 (ICB)

AFTER WORSHIP:

BIBLE PRESENTATION:

Live Host:

"Alright Victory Kids — now I need everyone's attention, because this moment is super special!" *(Pauses for effect)* "Here at Victory Kids, we love when friends come to visit... but we REALLY love when they come back again... and again... and again!" *(Smiles big)*

"So today, if this is your **third time** hanging out with us here at Victory Kids, we've got something AWESOME just for you!" "If that's you — go ahead and **raise your hand nice and high** so our team can spot you. Come to the stage because we want to celebrate you BIG TIME!" We have something really special that we want to give you..." *(Team members hand out Bibles)* "A brand-new **Bible** just for YOU! Because we believe God's Word is the best gift ever — it's full of hope, adventure, truth, and it reminds us every day who we are and how much God loves us!"

Can we clap it up and make some noise for our third-time friends getting their Bibles today?!" *(Claps hands, and waits for applause, celebrates big)*. And if you're sitting there thinking, 'Hey, I want a Bible like that!' — no worries! Keep coming, keep learning, and we'll have something for you too!"

CONNECT: CHECK IN / PRE SERVICE GAMES

10 MINS

THIS IS OPTIONAL, IF IT ISN'T NEEDED. PLEASE FEEL FREE NOT TO USE IT!

Pre Service Game Stations: As students are being checked in, use this time to get to know each student. Help them get comfortable in the classroom and find a friend or group to play games with. If you have enough volunteers in the room, get involved with the games. Fun builds trust with kids, so don't be afraid to have fun with them! Make sure everyone helps put away preservice games before large groups start.

GAME STATIONS

20 MINS

Live Host: Let's have our leaders come down to the front to get ready for games!

Are you ready for a game? Shout YES! I can't hear you! Let's get ready to play ALOHA CUP STACK CHALLENGE ! *(Note for Live Host: make sure to give commentary during the game, and encourage the audience to cheer throughout the game).*

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ALOHA CUP STACK CHALLENGE

- **Supplies:** Cups
- **Live Host:** Alright, Victory Kids! I need 3 contestants to come up on stage! Welcome to ALOHA STACK: ISLAND CUP CHALLENGE! Each contestant will get a stack of island cups. When I say GO, your job is to build the tallest cup tower you can! But listen carefully, there's a catch! You can only use one hand to stack your cups. That means you've got to stay steady, just like you're balancing on a surfboard! If your tower falls, don't worry, just keep stacking! You'll have 45 seconds to build your island tower. The person with the tallest standing tower at the end wins 1 Bible Buck!

COMMANDMENT FREEZE DANCE

- **Supplies:** Music
- **Live Host:** Alright, Victory Kids! On the count of three, I want you to shout YES for the next game! One...Two...Three... YES!!! Now this is a game we all can play. It's time for freeze dance. While the music is playing, dance, dance, dance, and when the music stops FREEZE! If you are caught moving, you are out!

FLOW: WELCOME, FIRST-TIME VISITORS, WORSHIP & OFFERING

25 MINS

Live Host: (Note: invite a child up to pray for offering and today's service). We want to welcome our first-time visitors in a big way! If this is your first time visiting with us, we are so excited that you are here!

INTRO: MEMORY VERSE

5 MINS

Live Host: Victory Kids, welcome back to **Aloha: Keeping Cool When Things Get Hot!** We experience all kinds of feelings and emotions. You may feel joy when something amazing happens. Maybe you feel angry when something is unfair, or frustrated when things don't go your way. But God doesn't leave us alone to figure those feelings out. He gives us His Word, and He gives us each other. Our memory verse this month reminds us to think about and focus on what matters most to God.

(Pick a student to come and say the MV.)

Now, if you're ready to learn this month's memory verse, shout, "**ALOHA!**" ...Cue the memory verse video!

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LESSON RECAP VIDEO

1 MIN

LIVE HOST'S INTRO TO LESSON

5-7 MINS

Live Host: Alooooohaaa, Victory Kids! Welcome to our island adventure called **Aloha: Keeping Cool When Things Get Hot!** Now, when you think about a tropical island, you might picture warm sunshine, ocean waves, and maybe even a volcano. And you know what? Our emotions can be a little like that sometimes. When we feel angry, frustrated, jealous, or afraid, those feelings can start to bubble up just like a volcano getting ready to erupt!

But here's the big truth we're going to learn in this series: God teaches us how to stay cool even when our emotions feel hot.

That's why God gave His people something called **The Ten Commandments**. They weren't rules to make life hard; they were instructions to help people live the right way and keep God first. So, get ready, Victory Kids... grab your surfboard, ride the waves, and get ready for our lesson on **Commandment 7: You Shall Not Commit Adultery!**

Key Scripture: Today's key scripture is Exodus 20:14, "You shall not commit adultery."

LESSON VIDEO

2-3 MINS

(Found in the media file)

MINISTRY LESSON

10 MINS

Supplies: None

Live Host Hook: Have you ever heard someone say, "I promise!"? Maybe you've said it too, like, "I promise I'll clean my room," or "I promise I'll help you later." Now be honest... have you ever said "I promise"... and then totally forgot or didn't do it? (Pause for reactions/laughter) When that happens, how does the other person feel? (Pause for responses) Yeah, disappointed... frustrated... maybe even like they can't trust you anymore. Let's try something really quick.

If someone has ever broken a promise to you, raise your hand. (Pause) Now keep it up if it makes you feel upset or let down. (Pause)

That shows us something important: trust is a big deal. Last week, we learned that every person matters to God and we should choose kindness instead of anger. We saw how we treat people matters to God. Today, we're going to learn another way to treat people well, by being someone others can trust and depend on.

AIOHA: KEEPING COOL WHEN THINGS GET HOT

**"THINK ONLY ABOUT THE THINGS IN HEAVEN, NOT THE THINGS
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- **God Calls Us to Be Someone Others Can Trust**

Exodus 20:14 tells us about Commandment 7: You shall not commit adultery. The word adultery may sound big or confusing, but here's what it means for us: God wants us to be people others can trust. We saw this when we learned about Noah, and this commandment calls us to live that out in our own lives. Being trustworthy means, you keep your promises, tell the truth, and do what you say you're going to do. If you tell someone, "I'll help you," you follow through. If you make a commitment, you keep it. When people can count on you, it builds trust, and trust helps relationships grow strong.

The 7th Commandment is also teaching us something deeper about relationships. God cares about how we treat the people we are closest to and how we protect trust in those relationships. When God tells us to be faithful, He is showing us that relationships are something valuable and should not be treated lightly. They are meant to be built on honesty, loyalty, and commitment, the kind of things that make trust strong and lasting.

- **Unfaithfulness Breaks Trust**

God designed relationships to be built on trust and faithfulness, but when that faithfulness is broken, trust is damaged. It becomes harder to know what to expect from someone, and that can create distance between people. What once felt strong and secure can begin to feel uncertain when words and actions don't match. One broken promise might not seem like a big deal, but when it happens again and again, it weakens the relationship.

God teaches us this because He wants our relationships to be strong. And that only happens when we choose to be faithful in what we say and what we do. That means doing what we say we will do, even when it is hard or inconvenient. It also means being honest and owning up when we make mistakes instead of trying to hide them. When we choose faithfulness in the small moments, we help build trust that makes relationships stronger over time.

- **Faithfulness Builds Trust**

So, if unfaithfulness breaks trust... what builds it? *Wait for answers...* Faithfulness. Faithfulness builds trust and shapes your character over time. God models perfect faithfulness in His own relationship with us. Even when people fail, He is steady and true. By following God's example of faithfulness, we learn that faithfulness isn't just a rule to follow; it's a reflection of God's character working in our lives. When we choose faithfulness, we honor God and create relationships that honor Him.

Faithful choices shape a life that stands out. It's not about being perfect, but when you honor your words people see integrity in you, a life that matches what you say and what you do. That is what God is forming in us through this commandment: people who are trustworthy, honorable, and reflect His character in the way we live every day.

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MINISTRY MOMENT

10 MINS

Raise your hand and tell me something you learned today. I am giving away Bible bucks!

Today, we learned the **Commandment 7: You Shall Not Commit Adultery!!**

- **God Calls Us to Be Someone Others Can Trust**
- **Unfaithfulness Breaks Trust**
- **Faithfulness Builds Trust**

When we choose faithfulness, we are reflecting God's character and showing others what His love looks like in real life. Our faithfulness helps build strong relationships where people feel safe, valued, and able to trust us.

Call to Action

For your call to action this week:

Practice faithfulness

This week, we're going to practice faithfulness. One day this week, take a few minutes to think about one moment where you had a choice to be faithful. Write it down in a simple journal or notebook.

Then answer three questions:

- What was the choice I had to make today?
- Did I choose to be faithful or unfaithful? Why?
- What could I do differently next time to honor God more?

Don't forget we will share next week and receive Bible Bucks!

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WRAP-UP & CLOSING PRAYER

5 MINS

(If your campus begins with small groups, please ask review questions before closing prayer. If your campus ends with small group, move directly to closing prayer (these questions will be asked and answered in small group))

1. What commandment are we learning about today? **Commandment 7: You shall not commit adultery.**
2. What does this commandment teach us? **God wants us to be people others can trust.**
3. What does it mean to be faithful? **To keep your promises and do what you say.**
4. What is the difference between saying the right thing and doing the right thing? **Various Answers**
5. How does being faithful show that you trust God? **Various Answers**

Closing Prayer

(Please feel free to encourage the children to lead)

Dear Jesus, Thank You for teaching us how to be faithful and trustworthy. Help us to keep our promises, tell the truth, and do what is right, even when it's hard. Teach us to be good friends who are kind, honest, and dependable. Help us make choices that show others they can trust us. God, we want to live Your way and honor You with our actions. Help us follow through and do what is right every day. In Jesus' Name, Amen.



ELEMENTARY SMALL GROUP LESSON

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SMALL GROUP OPTION ONE - (There are TWO options provided for small group the second one is for the campuses that does small group first)

INTRO

Live Host: Good morning, everyone! I hope you enjoyed today's lesson. Can anyone tell me what you learned today? *(wait for students' responses)*

Lesson Recap: Today, we learned about **Commandment 7: You shall not commit adultery**. This teaches us that God wants us to be people others can trust. We learned to be faithful by keeping our promises, to be a good friend by building strong relationships, and to be truthful and do what is right, no matter what.

We've been learning that all of these commandments come from the same place in the Bible. Who remembers the book where we find the Ten Commandments? *(Pause for responses.)*

The Book of Exodus. Great! Let's open our Bibles together. The first person to get there gets a Bible Buck!

Everyone, open your Bible to **Exodus 20:14**.

Now that we've found it, here's your challenge for the week: When you talk with your family about what you learned today, open your Bible to **Exodus 20:14** and see if you can explain what it means to be someone others can trust by keeping your word, telling the truth, and doing what is right.

ICEBREAKER

(this icebreaker has two parts: questions from today's lesson and the call to action from last week)

1. What commandment are we learning about today? **Commandment 7: You shall not commit adultery.**
2. What does this commandment for us? **God wants us to be people others can trust.**
3. What does it mean to be faithful? **To keep your promises and do what you say.**
4. What is the difference between saying the right thing and doing the right thing? **Various Answers**
5. How does being faithful show that you trust God? **Various Answers**

Great job answering the questions. Does anybody remember what we were supposed to do last week for our call to action? *(Wait for responses)*

Our Call to action for last week:

Practice commandments one through six at home with your parents. Commandments 1 - You shall have no other gods before Me. Commandment 2. You shall not make for yourself a carved image. Commandment 3: You shall not use the Lord's name in vain. Commandment 4: Remember the Sabbath day, to keep it holy. Commandment 5: Honor Your Father and Mother. Commandment 6: You Shall Not Murder

Share and receive some Bible Bucks!



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PRAYER REQUESTS

Tell students we're starting prayer, remain with eyes closed, and focus attention on God. Ask for any prayer requests they would like to share. If your small group needs a little encouragement, give them categories like **family, school, or friends** to get them thinking about areas they need prayer in. After students share, lead the group in prayer, covering each prayer request, using the name of each student that asks for prayer.

RECAP CALL TO ACTION

5 MINS

Today, we learned **Commandment number 7: You Shall Not Commit Adultery!**

Practice faithfulness

This week, we're going to practice faithfulness. One day this week, take a few minutes to think about one moment where you had a choice to be faithful. Write it down in a simple journal or notebook.

Then answer three questions:

- What was the choice I had to make today?
- Did I choose to be faithful or unfaithful? Why?
- What could I do differently next time to honor God more?

Don't forget we will share next week and receive Bible Bucks!

S.O.A.P

10 MINS

Please use the S.O.A.P sheet.

ACTIVITY: (OPTIONAL)

This activity can be taken from the game station section if needed.

CLOSING PRAYER

(Optional - you can invite a child to pray)

Dear Jesus, Thank You for loving us and for giving us Your Word to guide our lives. Thank You for the Ten Commandments and that we should not have any other gods except you. Thank you for reminding us that You should always come first. Help us to trust You and honor You in the choices we make each day. In Jesus' name, Amen.



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S.O.A.P

S.O.A.P is a simple but helpful way to study the Bible and apply it to our own lives.

S.O.A.P stands for, **SCRIPTURE, OBSERVATION, APPLICATION AND PRAYER** and involves four simple steps.

S: SCRIPTURE

You physically write out the scripture. You'll be amazed what God will reveal to you just by taking the time to slow down and actually write out what you are reading!

O: OBSERVATION

What do you notice about the verses? What do you think the main message is? What verses, words or ideas jump out to you? Who is the audience? Is there a repetition of words?

A: APPLICATION

Ask God how He wants you to apply the verse to your own life. This is when God's Word becomes personal. What is God saying to me today? How can I apply what I just read to my own personal life? What changes do I need to make? Is there an action that I need to take?

P: PRAYER

Pray God's Word back to Him. If He has revealed something to you during this time in His Word, pray about it. Confess if He has revealed some sin that is in your life.

LET'S S.O.A.P TOGETHER

"You shall not commit adultery."

EXODUS 20:14

Name:	Grade:	Date:
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S.O.A.P

“You shall not commit adultery.”
Exodus 20:14

SCRIPTURE What did you read?

OBSERVATION What is God saying?

What does this look like in my life?

APPLICATION

PRAYER Dear God...

Check out this month's Memory Verse Song!

“Think only about the things in heaven, not the things on earth” Colossians 3:2 (ICB)

