

# VICTORY KIDS ELEMENTARY

## ALOHA: KEEPING COOL WHEN THINGS GET HOT

"THINK ONLY ABOUT THE THINGS IN HEAVEN, NOT THE THINGS  
ON EARTH" COLOSSIANS 3:2 (ICB)

### AFTER WORSHIP:

#### BIBLE PRESENTATION:

##### Live Host:

"Alright Victory Kids — now I need everyone's attention, because this moment is super special!" *(Pauses for effect)* "Here at Victory Kids, we love when friends come to visit... but we REALLY love when they come back again... and again... and again!" *(Smiles big)*

"So today, if this is your **third time** hanging out with us here at Victory Kids, we've got something AWESOME just for you!" "If that's you — go ahead and **raise your hand nice and high** so our team can spot you. Come to the stage because we want to celebrate you BIG TIME!" We have something really special that we want to give you..." *(Team members hand out Bibles)* "A brand-new **Bible** just for YOU! Because we believe God's Word is the best gift ever — it's full of hope, adventure, truth, and it reminds us every day who we are and how much God loves us!"

Can we clap it up and make some noise for our third-time friends getting their Bibles today?!" *(Claps hands, and waits for applause, celebrates big)*. And if you're sitting there thinking, 'Hey, I want a Bible like that!' — no worries! Keep coming, keep learning, and we'll have something for you too!"

### CONNECT: CHECK IN / PRE SERVICE GAMES

10 MINS

THIS IS OPTIONAL, IF IT ISN'T NEEDED. PLEASE FEEL FREE NOT TO USE IT!

**Pre Service Game Stations:** As students are being checked in, use this time to get to know each student. Help them get comfortable in the classroom and find a friend or group to play games with. If you have enough volunteers in the room, get involved with the games. Fun builds trust with kids, so don't be afraid to have fun with them! Make sure everyone helps put away preservice games before large groups start.

### GAME STATIONS

20 MINS

**Live Host:** Let's have our leaders come down to the front to get ready for games!

**Are you ready for a game? Shout YES! I can't hear you! Let's get ready to play ALOHA BOWLING!**  
*(Note for Live Host: make sure to give commentary during the game, and encourage the audience to cheer throughout the game).*

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### ALOHA BOWLING

- **Supplies:** Aloha bowling ball and pins
- **Live Host:** Alright, Victory Kids, I need two contestants to join me on stage. For this game you are going to bowl. Each contestant has two chances to knock down as many pins as possible. At the end of each round the contestant who has knocked down the most pins will receive 2 Bible Bucks.

### COMMANDMENT TRUE OR FALSE STATEMENTS

- **Supplies:** True or False statement slides
- **Live Host:** Alright, Victory Kids! Are you ready for the next game? Shout YES! I can't hear you! Let me hear you louder! Alright, let's get ready to play TRUE OR FALSE: COMMANDMENTS EDITION! This is a game everyone can play! I'm going to put a sentence on the screen. If you think it's TRUE, shout "TRUE!" and stand. If you think it's FALSE, shout "FALSE!" and stay seated. Are you ready? Let's go

## FLOW: WELCOME, FIRST-TIME VISITORS, WORSHIP & OFFERING

### 25 MINS

**Live Host:** (Note: invite a child up to pray for offering and today's service). We want to welcome our first-time visitors in a big way! If this is your first time visiting with us, we are so excited that you are here!

## INTRO: MEMORY VERSE

### 5 MINS

**Live Host:** Victory Kids, welcome back to **Aloha: Keeping Cool When Things Get Hot!** We experience all kinds of feelings and emotions. You may feel joy when something amazing happens. Maybe you feel angry when something is unfair, or frustrated when things don't go your way. But God doesn't leave us alone to figure those feelings out. He gives us His Word, and He gives us each other. Our memory verse this month reminds us to think about and focus on what matters most to God.

(Pick a student to come and say the MV.)

Now, if you're ready to learn this month's memory verse, shout, "**ALOHA!**" ...Cue the memory verse video!

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### LESSON RECAP VIDEO

1 MIN

### LIVE HOST'S INTRO TO LESSON

5-7 MINS

**Live Host:** Alooooohaaa, Victory Kids! Welcome to our island adventure called **Aloha: Keeping Cool When Things Get Hot!** Now, when you think about a tropical island, you might picture warm sunshine, ocean waves, and maybe even a volcano. And you know what? Our emotions can be a little like that sometimes. When we feel angry, frustrated, jealous, or afraid, those feelings can start to bubble up just like a volcano getting ready to erupt!

But here's the big truth we're going to learn in this series: God teaches us how to stay cool even when our emotions feel hot.

That's why God gave His people something called **The Ten Commandments**. They weren't rules to make life hard; they were instructions to help people live the right way and keep God first. So, get ready, Victory Kids... grab your surfboard, ride the waves, and get ready for our lesson on **Commandment 6: You Shall Not Murder!**

**Key Scripture:** Today's key scripture is Exodus 20:13, "You shall not murder."

### LESSON VIDEO

2-3 MINS

(Found in the media file)

### MINISTRY LESSON

10 MINS

**Supplies:** 1 sheet of paper

**Live Host Hook:** *(Hold up a clean sheet of paper.)* This paper looks smooth and clean, right? Now watch this. *(Crumple it up tightly.)* Now I'm going to try to fix it. *(Unfold it.)* Does it look the same as before? *(Pause for responses)* No, it's wrinkled now.

Even though I tried to smooth it out, it didn't go back the same way.

Sometimes when we get upset or angry, we can say or do things that hurt people. And even if we try to fix it later, it can still leave a mark.

Last week, we learned that honor starts in the heart. What's inside of us matters. Today, we're going to learn the Sixth Commandment: "You shall not murder." Now that might sound like a very big command, but it teaches us something important about how God sees people. God cares deeply about people. Every person matters to Him.

## AIOHA: KEEPING COOL WHEN THINGS GET HOT

**"THINK ONLY ABOUT THE THINGS IN HEAVEN, NOT THE THINGS ON EARTH" COLOSSIANS 3:2 (TCB)**

So, this commandment is not just about what we don't do, it's about how we treat others. When we understand that people matter to God, it changes how we respond, especially when we feel angry or upset.

- **Choose to Value Life**

Today, we are learning about the sixth commandment. Exodus 20:13 says, "You shall not murder." That is a serious command, but it also teaches us about how God sees people. Do you remember in Genesis when we learned that God created people in His image? That means every person was made by God and reflects something about Him. People are not random; they are created on purpose by God.

Because of that, the way we treat people matters. When we remember that people are made in God's image, it changes how we respond. Instead of treating others carelessly or tearing them down, we choose to treat them with respect. We remember that the person in front of us is someone God created, and that should shape the way we act toward them.

- **Choose to Control Anger**

When we understand how valuable every person is to God, it should change how we treat them, especially when we feel angry. The way we respond when we feel angry shows what's in our hearts: our thoughts, our feelings, and how we choose to handle them. Anger is a real emotion, and everyone feels it sometimes. Ephesians 4:26 says, be angry, and do not sin. What that scripture is showing us is that anger is not meant to control us. When we let anger take over, it can lead us to say things we shouldn't say or do things we shouldn't do.

When we hold onto anger, it can grow into hurtful words, mean actions, or revenge. You know when you try to do something to get back at someone. That's why it's important to stop and ask God for help when those big feelings show up. He can help us calm down and choose the right response. He can help you pause and think, "How can I handle this the right way?" Then, everything can change.

- **Choose Kind Words and Actions**

When we learn to control our anger, it helps us choose something better, we can use kind words and actions toward others. This commandment teaches us that life is valuable and every person matters to God. We show how we value others through our words and actions. God wants us to use our words and actions to build others up, not tear them down. Our words are powerful; they can hurt someone deeply, or they can encourage and help someone feel loved. God calls us to something better. He calls us to choose kindness, even when it's hard.

*Bring this point home: **Big hurt (like murder) starts with small choices (words, actions, attitudes).***

We might think hurting someone means doing something really big. But sometimes, hurt starts with small things, like our words and our actions. Have you ever had someone say something that hurts your feelings? (Pause) I know I have! When we say mean things, ignore someone, or try to get back at someone, it can hurt their heart.

- When you call someone a name → that hurts
- When you leave someone out → that hurts
- When you say something mean because you're mad → that hurts

Even though these seem small, they can cause big hurt on the inside, but when we understand how much God cares about people, it changes the way we respond. Instead of using our words to hurt, we use them to help. Instead of acting in anger, we choose kindness.

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### MINISTRY MOMENT

#### 10 MINS

Raise your hand and tell me something you learned today. I am giving away Bible bucks!

Today, we learned the **Sixth Commandment: You Shall Not Murder!**

- **Choose to Value Life**
- **Choose to Control Anger**
- **Choose Kind Words and Actions**

Sometimes we think hurting someone means doing something really big, but big hurt often starts with small choices, like our words, our actions, and our attitudes. That's why choosing kindness instead of anger matters. It shows that God has the right place in our hearts. Being kind is more than just what we do, it's about having a heart that cares about people the way God does.

#### Call to Action

For your call to action this week:

Memorize Six Commandments

This week, practice commandments one through six at home with your parents.

Commandment 1 - You shall have no other gods before Me.

Commandment 2. You shall not make for yourself a carved image.

Commandment 3: You shall not use the Lord's name in vain.

Commandment 4: Remember the Sabbath day, to keep it holy.

Commandment 5: Honor Your Father and Mother.

Commandment 6: You Shall Not Murder

Don't forget we will share next week and receive Bible Bucks!

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### WRAP-UP & CLOSING PRAYER

#### 5 MINS

*(If your campus begins with small groups, please ask review questions before closing prayer. If your campus ends with small group, move directly to closing prayer (these questions will be asked and answered in small group))*

1. What commandment are we learning about today? **Commandment 6: You shall not murder**
2. What does this commandment teach us about God? **People matter to God**
3. What can happen if we don't control our anger? **We might say or do hurtful things.**
4. Where does anger start? **In the heart.**
5. What does it mean to have a heart that cares about people the way God does? **Various Answers**

Before we move to small group, let us take a moment to pray.

#### Closing Prayer

*(Please feel free to encourage the children to lead)*

Dear Jesus, Thank You for creating every person and making each life special. Because people are valuable to You, help us to see the value in people. When we feel angry, help us to stop and ask You for help. Teach us to speak kindly, act with love, and treat others the way You want us to. In Jesus' Name, Amen.



# ELEMENTARY SMALL GROUP LESSON

## AIOHA: KEEPING COOL WHEN THINGS GET HOT

**"THINK ONLY ABOUT THE THINGS IN HEAVEN, NOT THE THINGS  
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**SMALL GROUP OPTION ONE - (There are TWO options provided for small group the second one is for the campuses that does small group first)**

### INTRO

**Live Host:** Good morning, everyone! I hope you enjoyed today's lesson. Can anyone tell me what you learned today? *(wait for students' responses)*

**Lesson Recap:** Today, we learned about Commandment 6: You shall not murder. This teaches us that every person matters to God and should be treated with care. We also learned that while anger is a real feeling, we can ask God for help and choose kindness with our words and actions instead of hurting others.

We've been learning that all of these commandments come from the same place in the Bible. Who remembers the book where we find the Ten Commandments? *(Pause for responses.)*

The Book of Exodus. Great! Let's open our Bibles together. The first person to get there gets a Bible Buck!

Everyone, open your Bible to **Exodus 20:13**.

Now that we've found it, here's your challenge for the week: When you talk with your family about what you learned today, open your Bible to **Exodus 20:13** and see if you can explain how we can obey the Sixth Commandment – You Shall Not Murder in our daily life. Talk about using kind words and actions, and how we can go to God when we are faced with being angry with someone instead of seeking revenge.

### ICEBREAKER

**(this icebreaker has two parts: questions from today's lesson and the call to action from last week)**

1. What commandment are we learning about today? **Commandment 6: You shall not murder.**
2. What does this commandment teach us about God? **People matter to God**
3. What can happen if we don't control our anger? **We might say or do hurtful things.**
4. Where does anger start? **In the heart.**
5. What does it mean to have a heart that cares about people the way God does? **Various Answers**

Great job answering the questions. Does anybody remember what we were supposed to do last week for our call to action? *(Wait for responses)*

Our Call to action for last week:

Surprise Honor Mission

This week, you are to do something special for your parents or guardian. You could do something without being asked, like help with chores around the house. You could also write a thank-you note to show your appreciation.

Share and receive some Bible Bucks!



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### PRAYER REQUESTS

Tell students we're starting prayer, remain with eyes closed, and focus attention on God. Ask for any prayer requests they would like to share. If your small group needs a little encouragement, give them categories like **family, school, or friends** to get them thinking about areas they need prayer in. After students share, lead the group in prayer, covering each prayer request, using the name of each student that asks for prayer.

### RECAP CALL TO ACTION

#### 5 MINS

Today, we learned **Commandment number 6: You shall not murder!**

Memorize the Six Commandments:

This week, practice commandments one through six at home with your parents.

**Commandments 1:** You shall have no other gods before Me.

**Commandment 2:** You shall not make for yourself a carved image.

**Commandment 3:** You shall not use the Lord's name in vain.

**Commandment 4:** Remember the Sabbath day, to keep it holy.

**Commandment 5:** Honor Your Father and Mother. **Commandment 6:** You Shall Not Murder

Don't forget we will share next week and receive Bible Bucks!

### S.O.A.P

#### 10 MINS

Please use the S.O.A.P sheet.

### ACTIVITY: (OPTIONAL)

This activity can be taken from the game station section if needed.

### CLOSING PRAYER

**(Optional - you can invite a child to pray)**

Dear Jesus, Thank You for loving us and for giving us Your Word to guide our lives. Thank You for the Ten Commandments and that we should not have any other gods except you. Thank you for reminding us that You should always come first. Help us to trust You and honor You in the choices we make each day. In Jesus' name, Amen.



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### S.O.A.P

**S.O.A.P** is a simple but helpful way to study the Bible and apply it to our own lives.

**S.O.A.P** stands for, **SCRIPTURE, OBSERVATION, APPLICATION AND PRAYER** and involves four simple steps.

#### **S: SCRIPTURE**

You physically write out the scripture. You'll be amazed what God will reveal to you just by taking the time to slow down and actually write out what you are reading!

#### **O: OBSERVATION**

What do you notice about the verses? What do you think the main message is? What verses, words or ideas jump out to you? Who is the audience? Is there a repetition of words?

#### **A: APPLICATION**

Ask God how He wants you to apply the verse to your own life. This is when God's Word becomes personal. What is God saying to me today? How can I apply what I just read to my own personal life? What changes do I need to make? Is there an action that I need to take?

#### **P: PRAYER**

Pray God's Word back to Him. If He has revealed something to you during this time in His Word, pray about it. Confess if He has revealed some sin that is in your life.

### LET'S S.O.A.P TOGETHER

"You shall not murder."

**EXODUS 20:13**

Name:	Grade:	Date:
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# S.O.A.P

“You shall not murder.”  
Exodus 20:13

**SCRIPTURE** What did you read?

**OBSERVATION** What is God saying?

What does this look like in my life?

**APPLICATION**

**PRAYER** Dear God...

Check out this month's Memory Verse Song!

“Think only about the things in heaven, not the things on earth” Colossians 3:2 (ICB)

SCAN ME

