

## AIOHA: KEEPING COOL WHEN THINGS GET HOT

"THINK ONLY ABOUT THE THINGS IN HEAVEN, NOT THE THINGS ON EARTH" COLOSSIANS 3:2 (ICB)

### AFTER WORSHIP:

#### BIBLE PRESENTATION:

##### Live Host:

"Alright Victory Kids — now I need everyone's attention, because this moment is super special!" *(Pauses for effect)* "Here at Victory Kids, we love when friends come to visit... but we REALLY love when they come back again... and again... and again!" *(Smiles big)*

"So today, if this is your **third time** hanging out with us here at Victory Kids, we've got something AWESOME just for you!" "If that's you — go ahead and **raise your hand nice and high** so our team can spot you. Come to the stage because we want to celebrate you BIG TIME!" We have something really special that we want to give you..." *(Team members hand out Bibles)* "A brand-new **Bible** just for YOU! Because we believe God's Word is the best gift ever — it's full of hope, adventure, truth, and it reminds us every day who we are and how much God loves us!"

Can we clap it up and make some noise for our third-time friends getting their Bibles today?!" *(Claps hands, and waits for applause, celebrates big)*. And if you're sitting there thinking, 'Hey, I want a Bible like that!' — no worries! Keep coming, keep learning, and we'll have something for you too!"

### CONNECT: CHECK IN / PRE SERVICE GAMES

10 MINS

THIS IS OPTIONAL, IF IT ISN'T NEEDED. PLEASE FEEL FREE NOT TO USE IT!

**Pre Service Game Stations:** As students are being checked in, use this time to get to know each student. Help them get comfortable in the classroom and find a friend or group to play games with. If you have enough volunteers in the room, get involved with the games. Fun builds trust with kids, so don't be afraid to have fun with them! Make sure everyone helps put away preservice games before large groups start.

### GAME STATIONS

20 MINS

**Live Host:** Let's have our leaders come down to the front to get ready for games!

**Are you ready for a game? Shout YES! I can't hear you! Let's get ready to play WOULD YOU RATHER!** *(Note for Live Host: make sure to give commentary during the game, and encourage the audience to cheer throughout the game).*

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### WOULD YOU RATHER?

- **Supplies:** Would you rather options
- **Live Host:** I'm going to give you two choices. When I call out the first option, if that's something you would rather do, stand up. If not, stay seated. Then I'll call out the second option, and if that's your pick, stand up! You've got to choose fast. No switching halfway through! Some of these are just for fun... but some will help us think about the choices we make every day. Ready? Let's play Would You Rather!

### WORD SCRAMBLE: COMMANDMENT REVIEW

- **Supplies:** Slides with scrambled and unscrambled words for screens, 2 buzzers
- **Live Host:** Alright, Victory Kids, it's time for Word Scramble: Commandments Review! I need 4 contestants (2 on each team) to join me on stage! Here's how the game works: On the screen, you will see a scrambled word. The first team to hit their buzzer gets 5 seconds to tell me what the word is. If you get it right, your team earns a point. If not, the other team gets a chance to answer! All of these words connect to what we learned about the first four commandments, so think carefully! The team with the most points at the end wins 2 Bible Bucks!

## FLOW: WELCOME, FIRST-TIME VISITORS, WORSHIP & OFFERING

### 25 MINS

**Live Host:** *(Note: invite a child up to pray for offering and today's service).* We want to welcome our first-time visitors in a big way! If this is your first time visiting with us, we are so excited that you are here!

## INTRO: MEMORY VERSE

### 5 MINS

**Live Host:** Victory Kids, welcome back to **Aloha: Keeping Cool When Things Get Hot!** We experience all kinds of feelings and emotions. You may feel joy when something amazing happens. Maybe you feel angry when something is unfair, or frustrated when things don't go your way. But God doesn't leave us alone to figure those feelings out. He gives us His Word, and He gives us each other. Our memory verse this month reminds us to think about and focus on what matters most to God.

*(Invite a child to recite the memory verse before the memory verse video is played, this will be a new memory verse so use the slide that is provided).*

Now, if you're ready to learn this month's memory verse, shout, "**ALOHA!**" ...Cue the memory verse video!

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### LESSON RECAP VIDEO

1 MIN

### LIVE HOST'S INTRO TO LESSON

5-7 MINS

**Live Host:** Alooooohaaa, Victory Kids! Welcome to our island adventure called **Aloha: Keeping Cool When Things Get Hot!** Now, when you think about a tropical island, you might picture warm sunshine, ocean waves, and maybe even a volcano. And you know what? Our emotions can be a little like that sometimes. When we feel angry, frustrated, jealous, or afraid, those feelings can start to bubble up just like a volcano getting ready to erupt!

But here's the big truth we're going to learn in this series: God teaches us how to stay cool even when our emotions feel hot.

That's why God gave His people something called **The Ten Commandments**. They weren't rules to make life hard; they were instructions to help people live the right way and keep God first. So, get ready, Victory Kids... grab your surfboard, ride the waves, and get ready for our lesson about the **Fifth Commandment to Honor thy Father and Mother!**

**Key Scripture:** Today's key scripture is Exodus 20:12, "Honor your father and your mother, that your days may be long upon the land which the Lord your God is giving you."

### LESSON VIDEO

2-3 MINS

(Found in the media file)

### MINISTRY LESSON

10 MINS

**Supplies:** Supplies: 2 cups both look the same on the outside, one is filled with water and the other is filled with a liquid with a bright color, and an empty clear container

**Live Host Hook:** (Hold up both cups one at a time). (Pour the contents of each cup one at a time into the clear container)

Now these cups look exactly the same on the outside, right? But what happened when I poured them out? Wait for responses. What was on the inside was very different than what was on the outside.

Both cups looked the same on the outside, but what was inside was completely different when the insides were poured out. The same is true for us. Last week we reviewed the first four commandments.

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Commandment 1: You shall have no other gods before Me; Commandment 2: You shall not make for yourself a carved image; Commandment 3: You shall not take the name of the Lord your God in vain; and Commandment 4: Remember the Sabbath day, to keep it holy.

Our series continues with the Fifth Commandment to Honor thy Father and Mother, and guess where honor starts. *Pause for Answers.* Honor starts in the heart. People see our actions, but God sees our hearts, our attitudes, and thoughts too. Sometimes our actions look right, but our hearts aren't in the right place. Just like the cups, whatever is inside of us will eventually come out. So, God doesn't just want us to act like we honor our parents; He wants our hearts to be full of honor, too.

### • Honor Begins in the Heart

Today, we are going to continue learning about the Ten Commandments with Commandment 5: Honor Your Father and Mother. This means choosing to show love and respect to your parents or the people who take care of you. To make sure we understand what honor truly means, I am going to start by giving you some examples, and you tell me if this is showing honor or dishonor.

"Your parent asks you to clean your room."

- You stomp your feet, sigh, roll your eyes, and say, "Ugh, fine!" while doing it. *Is that honor or dishonor?*
- You say, "Okay," and choose a good attitude; even if you don't feel like it. *Is that honor or dishonor?*

"Your parent tells you to turn off your game."

- "Okay, can I finish this level?" (respectful tone) *Is that honor or dishonor?*
- "WAIT! I'm not done!!" (yelling or arguing) *Is that honor or dishonor?*

"Talking about your parents with friends."

- Complaining, making fun of them. *Is that honor or dishonor?*
- Speaking respectfully, even when they're not around. *Is that honor or dishonor?*

"When your parent asks you to do something."

- Responding quickly and respectfully. *Is that honor or dishonor?*
- Ignoring them or taking forever. *Is that honor or dishonor?*

Honor is not just about what people see, it starts inside your heart. God cares about your attitude just as much as your actions. You can do the right thing on the outside but still have the wrong attitude on the inside, and God sees both.

### • Honor Shows Faith in God

But here's the big question: why does honor matter so much to God? *Wait for responses.* Because honor shows that we trust Him. God gave you parents or guardians on purpose. You are not in your family by accident. God chose the people in your life to guide you, protect you, and teach you how to grow. When God says to honor them, He is teaching you to trust the authority He has placed in your life. Authority means someone God puts in your life that you listen to, who leads you, and helps keep you safe. Who are some people in your life who are authority figures? Wait for responses

Sometimes it can feel hard to listen to them. Maybe you don't understand why you must do something. Maybe you think your way is better. But honoring your parents means trusting that God is using them to help lead you in the right direction, even when it doesn't make sense to you. God often speaks through people. So, when we practice listening to them, we can practice listening to Him. Honoring your parents isn't just about behavior;

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it's training your heart to trust God and follow His lead.

- **Honor Leads to Blessing**

"So honor starts where?" Wait for answers (Starts in our heart). What does it show?" Wait for answers (Our faith in God!) And does honor stop there? Wait for answers. No, honor doesn't stop there; it leads to something God promises! Did you know that this commandment comes with a promise? The Bible says in Ephesians 6:2-3, "Honor your father and mother. This is the first command that has a promise with it. Then everything will be well with you, and you will have a long life on the earth." God promises that when we honor our father and mother, it will go well with us.

That means there is a blessing connected to choosing honor. This doesn't mean everything will always be perfect, but when you choose honor, you make wise choices. You grow in the right direction, and you build strong, healthy relationships with the people around you. Remember, God's commands are not just rules to follow; they are instructions to help you live a good life. When you honor your parents, you are stepping into the way God designed life to work. And when you live God's way, you walk in His blessing.

## MINISTRY MOMENT

### 10 MINS

Raise your hand and tell me something you learned today. I am giving away Bible bucks!

Today, we learned the **Fifth Commandment to Honor thy Father and Mother!**

- **Honor Begins in the Heart**
- **Honor Shows Faith in God**
- **Honor Leads to Blessing**

When we choose to honor our parents, it shows that God has the right place in our hearts. Honor is more than just doing what we are told; it is having a heart that respects the people God has placed in our lives. It also shows that we trust God and want to follow His way.

### Call to Action

For your call to action this week:

Surprise Honor Mission

This week, you are to do something special for your parents or guardian. You could do something without being asked, like help with chores around the house. You could also write a thank-you note to show your appreciation.

Don't forget we will share next week and receive Bible Bucks!

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### WRAP-UP & CLOSING PRAYER

#### 5 MINS

*(If your campus begins with small groups, please ask review questions before closing prayer. If your campus ends with small group, move directly to closing prayer (these questions will be asked and answered in small group))*

1. What commandment are we learning about today? **Commandment 5: Honor thy father and mother.**
2. Where does honor start? **In our heart**
3. What does it mean to honor your parents? **To show love and respect with my actions and my attitude.**
4. What is the difference between honor and obedience? **Obedience is doing what you're told; honor is doing it with the right heart and attitude.**
5. What is something that makes it hard for you to honor your parents? **Various Answers**

Before we move to small group, let us take a moment to pray.

#### Closing Prayer

*(Please feel free to encourage the children to lead)*

Dear Jesus, Thank You for loving us and for giving us Your Word to guide us. Thank You for the parents and the people in authority, that You have placed in our lives to take care of us, teach us, and help us grow. Help us to honor them; not just with what we do, but with our hearts too. Teach us to speak kindly, obey quickly, and show respect every day. We love you Lord and desire to live for you each day. In Jesus' Name, Amen.



# ELEMENTARY SMALL GROUP LESSON

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**SMALL GROUP OPTION ONE - (There are TWO options provided for small group the second one is for the campuses that does small group first)**

### INTRO

**Live Host:** Good morning, everyone! I hope you enjoyed today's lesson. Can anyone tell me what you learned today? *(wait for students' responses)*

**Lesson Recap:** Today, we learned about Commandment 5: Honor your father and mother. This commandment teaches us how to treat the people God has placed in our lives to take care of us. We learned that honor is not just about what we do; it starts in our hearts. That means we choose respect with our attitude, our words, and our actions. We also learned that when we honor our parents, we are showing that we trust God. God gave us our families on purpose to guide us, protect us, and help us grow.

We can find this commandment in the book of Exodus. Can anyone tell me where Exodus is found in the Bible? *(Pause for responses.)*

Great! Let's open our Bibles together. The first person to get there gets a Bible Buck!

Everyone, open your Bible to **Exodus 20:12**.

Now that we've found it, here's your challenge for the week: When you talk with your family about what you learned today, open your Bible to **Exodus 20:12** and see if you can explain what it means to honor your father and mother, not just on the outside, but on the inside too.

### ICEBREAKER

**(this icebreaker has two parts: questions from today's lesson and the call to action from last week)**

1. What commandment are we learning about today? **Commandment 5: Honor thy father and mother.**
2. Where does honor start? **In our heart**
3. What does it mean to honor your parents? **To show love and respect with my actions and my attitude.**
4. What is the difference between honor and obedience? **Obedience is doing what you're told; honor is doing it with the right heart and attitude.**
5. What is something that makes it hard for you to honor your parents? **Various Answers**

Great job answering the questions. Does anybody remember what we were supposed to do last week for our call to action? *(Wait for responses)*

Our Call to action for last week:

Family Discussion

Ask your family which of the first four commandments stands out to them the most and why. Be ready to share one thing you talked about.

Share and receive some Bible Bucks!



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### PRAYER REQUESTS

Tell students we're starting prayer, remain with eyes closed, and focus attention on God. Ask for any prayer requests they would like to share. If your small group needs a little encouragement, give them categories like **family, school, or friends** to get them thinking about areas they need prayer in. After students share, lead the group in prayer, covering each prayer request, using the name of each student that asks for prayer.

### RECAP CALL TO ACTION

#### 5 MINS

Today, we learned **Commandment number 5: Honor your father and mother!**

Surprise Honor Mission

This week, you are to do something special for your parents or guardian. You could do something without being asked, like clean something or help with chores around the house. You could also write a thank-you note to show your appreciation.

Don't forget we will share next week and receive Bible Bucks!

### S.O.A.P

#### 10 MINS

Please use the S.O.A.P sheet.

### ACTIVITY: (OPTIONAL)

This activity can be taken from the game station section if needed.

### CLOSING PRAYER

**(Optional - you can invite a child to pray)**

Dear Jesus, Thank You for loving us and for giving us Your Word to guide our lives. Thank You for the Ten Commandments and that we should not have any other gods except you. Thank you for reminding us that You should always come first. Help us to trust You and honor You in the choices we make each day. In Jesus' name, Amen.



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### S.O.A.P

**S.O.A.P** is a simple but helpful way to study the Bible and apply it to our own lives.

**S.O.A.P** stands for, **SCRIPTURE, OBSERVATION, APPLICATION AND PRAYER** and involves four simple steps.

#### **S: SCRIPTURE**

You physically write out the scripture. You'll be amazed what God will reveal to you just by taking the time to slow down and actually write out what you are reading!

#### **O: OBSERVATION**

What do you notice about the verses? What do you think the main message is? What verses, words or ideas jump out to you? Who is the audience? Is there a repetition of words?

#### **A: APPLICATION**

Ask God how He wants you to apply the verse to your own life. This is when God's Word becomes personal. What is God saying to me today? How can I apply what I just read to my own personal life? What changes do I need to make? Is there an action that I need to take?

#### **P: PRAYER**

Pray God's Word back to Him. If He has revealed something to you during this time in His Word, pray about it. Confess if He has revealed some sin that is in your life.

### LET'S S.O.A.P TOGETHER

"Honor your father and your mother, that your days may be long upon the land  
which the Lord your God is giving you."

**EXODUS 20:12**

|       |        |       |
|-------|--------|-------|
| Name: | Grade: | Date: |
|-------|--------|-------|

# S.O.A.P

“Honor your father and your mother, that your days may be long upon the land which the Lord your God is giving you.”  
Exodus 20:12

**SCRIPTURE** What did you read?

**OBSERVATION** What is God saying?

What does this look like in my life?

**APPLICATION**

**PRAYER** Dear God...

Check out this month's Memory Verse Song!

“Think only about the things in heaven, not the things on earth” Colossians 3:2 (ICB)

SCAN ME

