



## Aloha - Keeping Cool When Things Get Hot

“All of you together are the body of Christ. Each one of you is a part of that body.” 1 Corinthians 12:27 (ICB)

### LESSON - GOD COMES FIRST!

Welcome back to our island adventure, Aloha: Keeping Cool When Things Get Hot! In this series, we have been learning how to stay calm, trust God, and make the right choices no matter how we feel. God gave His people special rules called commandments to help them know how to live His way.

Today, we are going to remember everything we learned this month!

First, we learned **Commandment One –God Comes First**

God told His people that He should come first. That means God is the most important.

**SAY IT:** God comes first!

**DO IT:** Hold up one finger.

When we love God, trust Him, and choose His way, we are putting God first.

Next, we learned **Commandment Two - Worship God only**

**DO IT:** Let’s count...One...Two

God taught His people to worship Him only. That means we give our love and attention to God, not to other things.

**SAY IT:** Worship God only!

**DO IT:** Point up to the sky.

God made us, loves us, and takes care of us, so He is the only one we worship.

Then, we learned **Commandment Three - God’s name is special**

**DO IT:** Hold up three fingers

God’s name is special because of who He is. He is good, powerful, and holy. We should always speak about God with love and respect.

**SAY IT:** God’s name is special!

**DO IT:** Put your hands over your heart.

Last, we learned **Commandment Four - God gives us rest**

**DO IT:** Let’s Clap four times

God gives us rest. He wants us to stop, slow down, and remember Him.

**SAY IT:** God gives me rest!

**DO IT:** Lay your hands together by your cheek like you are sleeping.

All four commandments teach us something very important. They show us how to love God the right way.

We can: put God first, worship Him only, speak about Him with respect, trust Him, and rest.

When we do these things, we are showing that we love God with our hearts. God is always with us, and He helps us make the right choices every day.

**PRAYER:** Dear Jesus, thank You for loving me and teaching me how to live Your way. Help me put You first, worship You only, honor Your name, and trust You when I need rest. Thank You for always taking care of me. In Jesus’ name, Amen.

### LESSON QUESTIONS - 10 MINS

#### 2 & 3YR OLDS

1. Let’s count out the number of commandments that we learned about this month. (1...2...3...4)
2. Does God come first? (Yes)
3. Should we worship other things and not God? (No)
4. Is God’s name special? (Yes)
5. Does God give us rest? (Yes)

#### 4YRS - 1ST GRADE

1. What have we been learning about? **The commandments**
2. What does Commandment One teach us? **God comes first**
3. What does Commandment Two teach us? **Worship God only**
4. What does Commandment Three teach us? **God’s name is special**
5. What does Commandment Four teach us? **God gives us rest**



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### ACTIVITY 1: FOUR CORNERS REVIEW

**Items Needed:** Four signs labeled Commandment numbers with finger counting pictures at the bottom.

**Connection:** This helps children remember the four commandments in a simple way.  
God comes first – Commandment 1, Worship God only -Commandment 2  
God’s name is special – Commandment 3, God gives me rest -Commandment 4

**Step 1:** Put a commandment sign in different corners of the room, or in a square shape on the floor.  
**Step 2:** Call out a Commandment number and have the kids to stand by that commandment number.  
**Step 3:** Once the kids are by the commandment numbers, remind them of what each commandment means.

### ACTIVITY 2: CLAP THE TRUTH RHYME

**Items Needed:** None

**Connection:** This helps children remember the review phrases

**Step 1:** Start a slow clap to keep the rhythm and have the kids clap with you. Then the teacher says the rhyme to the beat and the kids repeat it.

**Teacher:** God comes first, this I know!

**Teacher:** He will lead me where to go!

**Teacher:** Worship God, only Him!

**Teacher:** Praise the Lord with song and grin!

**Teacher:** God’s name is special, good and bright!

**Teacher:** We speak of God with love that’s right!

**Teacher:** God gives me rest, night or day!

**Teacher:** He helps me trust Him all the way!

**Kids:** God comes first, this I know!

**Kids:** He will lead me where to go!

**Kids:** Worship God, only Him!

**Kids:** Praise the Lord with song and grin!

**Kids:** God’s name is special, good and bright!

**Kids:** We speak of God with love that’s right!

**Kids:** God gives me rest, night or day!

**Kids:** He helps me trust Him all the way!

### ACTIVITY 3: BUBBLE PARTY OR STORY TIME

**Items Needed:** Bubbles and music OR book basket

We’ve got some extra time today, so let’s spend it worshipping and dancing with bubbles or reading a book to the class (please show the pictures on each page).

### CRAFT OR COLORING SHEET (USE 1 OR 2 OPTIONS DEPENDING ON CLASS AGE & TIME)

#### TEN COMMANDMENTS MOBILE

**Items Needed:** Fun Express Ten Commandments Mobile Craft Kit

**Connection:** Because God Holy and He is always number one

**Step 1:** Distribute mobile kits

**Step 2:** Help the kids put the mobiles together

#### THE FIRST FOUR COMMANDMENTS COLORING SHEET

**Items Needed:** Coloring sheet and crayons.

**Connection:** Loving God the Right Way.

**Step 1:** Distribute the coloring sheets and allow time to color.

# Loving God the Right Way!



God Comes First



Worship God Only



God's Name is Special



God Gives Me Rest

♥ I Love God! ♥