



Aloha - Keeping Cool When Things Get Hot

“All of you together are the body of Christ. Each one of you is a part of that body.” 1 Corinthians 12:27 (ICB)

LESSON - WORSHIP GOD ONLY!

Welcome back to our island adventure, Aloha: Keeping Cool When Things Get Hot! In this series, we are learning how to stay calm, trust God, and make the right choices no matter how we feel. God gave His people special rules called commandments to help them know how to live His way. Today, we are learning about Commandment Two, and it teaches us something very important: Worship God only!

SAY IT: Commandment Two... Worship God only!

DO IT: Hold up two fingers.

A long time ago, God’s people were waiting for Moses. Moses had gone up the mountain to talk with God. The people waited... and waited... and waited. After a while, they got tired of waiting, and they wanted something they could see right away. So, they made something with their own hands to worship, instead of worshipping God. When they did this that meant they were not listening to God because the second commandment said, You shall not make for yourself a carved image.

SAY IT: Listen to God!

DO IT: Grab your ear.

The thing that they made was not God. It didn’t create them. It didn’t help them. It didn’t take care of them. Only God did that!

SAY IT: Only God!

DO IT: Point up to the sky.

God’s people made a wrong choice. They stopped focusing on God and gave their attention to something else. God wants us to worship Him the right way. Worshipping God the right way means: loving God, talking to God, listening to God, thanking God, and obeying God.

When we do those things, we are showing that God is the most important.

SAY IT: God is the only God!

DO IT: Raise both hands high.

That is why Commandment Two teaches us to worship God only. When we keep our hearts focused on God, He helps us make right choices and stay on the right path.

SAY IT: Commandment Two... Worship God only!

DO IT: Hold up two fingers.

PRAYER: Dear Jesus, Thank You for always caring for me. Help me to worship You only. Help my heart to focus on You no matter what happens or how I feel. You are the one true God, and I love You. In Jesus’ name, Amen.

LESSON QUESTIONS - 10 MINS

2 & 3YR OLDS

1. Does commandment two say, worship God only? **(Yes)**
2. Did the people make something to worship in the place of God? **(Yes)**
3. Was that the right choice? **(No)**
4. Does God want us to worship only Him **(Yes)**

4YRS - 1ST GRADE

1. What Commandment did we learn about today? **Commandment number two**
2. What does Commandment Two teach us? **Worship God only**
3. What did people make? **Something to Worship in the place of God**
4. Who should we worship? **God only**



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ACTIVITY 1: POINT TO GOD GAME

Items Needed: None (just a clear space to move)

Connection: God’s people made idols, but only God is the one we worship. This game reminds us to keep our hearts and attention on Him.

Step 1: The teacher calls out a phrase from the lesson:

- “Commandment Two... Worship God only!” → kids hold up 2 fingers
- “Listen to God!” → kids hand to ear
- “Only God!” → kids point up
- “God is the only God!” → kids raise both hands high

Step 2: Toddlers copy the motion as quickly as they can.

Step 3: Repeat 4–5 times, calling out phrases in random order to keep it fun.

Step 4 (Optional): Call out “Freeze!” and kids hold their motion until you say “Go!”

ACTIVITY 2: WORSHIP GOD PARADE

Items Needed: Music and instruments

Connection: God wants us to worship Him only

Step 1: Have the children follow you around the room in a worship parade. Let them play instruments, clap and sing to their favorite praise and worship songs. Pick times to pause the music.

Step 2: When the music pauses, have the kids stop and say, “Worship God only!”

Step 3: Start moving again and repeat.

Step 4: Remind them to worship God only

ACTIVITY 3: BUBBLE PARTY OR STORY TIME

Items Needed: Bubbles and music OR book basket

We’ve got some extra time today, so let’s spend it worshipping and dancing with bubbles or reading a book to the class (please show the pictures on each page).

CRAFT OR COLORING SHEET (USE 1 OR 2 OPTIONS DEPENDING ON CLASS AGE & TIME)

TEN COMMANDMENTS STORY WHEEL CRAFT

Items Needed: Ten Commandments Story Spinning Wheel Kit, crayons

Connection: God gave His people special rules called the Ten Commandments

Step 1: Distribute the Ten Commandments story spinning wheels

Step 2: Allow kids time to color each of the pictures on the spinning wheel

Step 3: Help the kids assemble the wheels and help kids put their name on the back.

WORSHIP GOD ONLY COLORING SHEET

Items Needed: Coloring sheet and crayons.

Connection: God makes special rules for his people to follow because He loves them

Step 1: Distribute the coloring sheets and allow time to color.

Worship God Only!



Only God!



Commandment Two:
Worship God Only!