



Under the Big Top: Incredible Bible Stories

“We know that in everything God works for the good of those who love him.

They are the people God called, because that was his plan.” Romans 8:28

LESSON - GOD MAKES US STRONG!

Under the Big Top, we hear amazing Bible stories, and today we have a true Bible story that teaches us something important: our strength comes from God! Last week, we learned that God had a plan for Samson before he was even born. Today, Samson is growing up, and we begin to see how God helps him.

SAY IT: God helps Samson!

DO IT: Point up to the sky.

Samson grew into a big, strong man. One day, while Samson was walking, something scary happened. A lion jumped out at him! Samson didn't have a sword or a shield. He was all alone. But God was with Samson. God gave Samson strength, and Samson was able to win against the lion.

SAY IT: God made Samson strong!

DO IT: Show your muscles.

Later, Samson was in trouble. Some mean people wanted to stop him. Samson didn't know what to do. Samson prayed, and God helped him. God made Samson strong. God kept Samson safe.

SAY IT: God helps at the right time!

DO IT: Clap your hands once.

Another time, Samson was tied up with strong ropes. It looked like he couldn't get free. But God gave Samson strength, and the ropes fell off! God helped Samson when it looked impossible.

SAY IT: Nothing is too hard for God!

DO IT: Shake your head “no.”

God didn't give Samson strength just for himself. God used Samson to help God's people when they were in trouble. God was taking care of His people through Samson.

SAY IT: God helps His people!

DO IT: Put your hand over your heart.

Samson's story wasn't finished yet. God was still working, one step at a time. And just like Samson, God helps us too. When we feel small, scared, or weak, God is strong for us.

SAY IT: God is strong for me!

DO IT: Point to yourself and smile.

PRAYER: Dear Jesus, Thank You for being strong for us. Thank You for helping us when we feel weak or scared. Help us remember that You are always with us. We love You, Jesus. In Jesus' name, Amen.

LESSON QUESTIONS - 10 MINS

2 & 3YR OLDS

1. Did God help Samson? **(Yes)**
2. Was Samson all alone without God? **(No)**
3. Did God help Samson when he was in trouble? **(Yes)**
4. Is God stronger than scary things? **(Yes)**

4YRS - 1ST GRADE

1. Who gave Samson his strength? **God**
2. What happened when Samson was in danger? **God helped him**
3. Why did God give Samson strength? **To help God's people**
4. What should we remember when something feels hard? **God is strong for me**



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ACTIVITY 1: STACK IT WITH GOD'S HELP

Items Needed: Soft foam blocks or plastic cups

Connection: Samson's strength came from God, not himself. God helps us do things we can't do alone, and we can be strong with His help.

Step 1: Give each child a few soft blocks or cups.

Step 2: Tell the children, "Samson needed God's help, and God made him strong."

Step 3: Show the children how to stack their blocks or cups carefully.

Step 4: Encourage each child to build their tower as tall as they can.

Step 5: As they build, everyone says together: "God helps me!"

Step 6: Celebrate each child's tower, then gently knock it down and start again.

ACTIVITY 2: STRONG FREEZE POSE!

Items Needed: Music and space to dance

Connection: God gave Samson strength when he needed it.

Step 1: Play the music and allow the children to clap and dance

Step 2: When the music stops, freeze in a strong pose (show your muscles when you freeze)

Step 3: Then shout God makes me strong!

Step 4: Then turn the music back on and let the children dance again and repeat

ACTIVITY 3: BUBBLE PARTY OR STORY TIME

Items Needed: Bubbles and music OR book basket

We've got some extra time today, so let's spend it worshipping and dancing with bubbles or reading a book to the class (please show the pictures on each page).

CRAFT OR COLORING SHEET (USE 1 OR 2 OPTIONS DEPENDING ON CLASS AGE & TIME)

SAMSON'S HAIR CROWN CRAFT

Items Needed: Jecery 30 Sets Garden Paper Craft Kit DIY Foam Flowerpots

Connection: God helped Samson grow little by little, and God helps us grow too!

Step 1: Distribute flowerpots and stickers

Step 2: Allow students time to decorate their flowerpots

Step 3: Help each student write their name on their flowerpots

SAMSON AND THE LION COLORING SHEET

Items Needed: Coloring sheet and crayons.

Connection: God gives Samson strength.

Step 1: Distribute the coloring sheets and allow time to color.

SAMSON AND THE LION

Judges 14



**THE
ATTACK**

**THE
HONEY**

**THE
RIDDLE**