



LESSON - THE BREASTPLATE OF RIGHTEOUSNESS

Items needed: Heart Plush Pillow

Hey Victory Kids! Are you ready for an exciting lesson? Today, we will talk about something super cool, God's Armor! Did you know God gives us special armor to help us be strong, brave, and ready to do what's right?

Does anybody remember the first piece of armor that we learned about last week? **(wait for responses)**

Yes, last week we learned about the **Belt of Truth**. Can you say that to me? The **Belt of Truth**. Today, we're adding something new. It's big and strong, and it covers your chest. Can you guess what it is? It's called the **Breastplate of Righteousness**. Can you say that to me? The **Breastplate of Righteousness**.

The Breastplate would protect a soldier's heart **(Hold up heart object)**.

DO IT: Can you show me where your heart is? Great job!

Jesus wants to make our hearts clean and happy, and loves to do what makes God smile: righteousness.

SAY IT: Can you say **Right - chus - ness**

DO IT: Clap it out together: **Right** (clap) — **chus** (clap) — **ness** (clap)

SAY IT: Jesus makes my heart clean. Now you say it.... Jesus makes my heart clean.

DO IT: Pretend to wash your heart clean with soap and water. **Good job!**

Sometimes we do wrong things like not sharing or not telling the truth. But when we believe in Jesus and say, I'm sorry, He forgives us and cleans our hearts again.

When we wear the Breastplate of Righteousness, we remember that Jesus is in our hearts and helps us be kind, obey our grown-ups, share our toys, tell the truth, and make good choices.

PRAYER: Dear God, thank You for Righteousness. Help me wear the Breastplate of Righteousness every day. I want to live Your way and believe what You say. In Jesus's Name. Amen.

LESSON QUESTIONS - 10 MINS

2 & 3YR OLDS

Question 1: Does God give us armor to help us be strong and brave? **(Yes)**

Question 2: Does Jesus make our heart clean and happy? **(Yes)**

Question 3: Can we make good choices with a clean heart? **(Yes)**

Question 4: Can you say Righteousness? Clap it out together: **Right** (clap) — **chus** (clap) — **ness** (clap)

4YRS - 1ST GRADE

Question 1: Can we make our hearts clean all by ourselves? **No! Only Jesus can make our hearts clean.**

Question 2: Do you remember the first piece of God's armor we learned about? **The Belt of Truth**

Question 3: What's a good choice you can make today? **Being kind, telling the truth, obeying grown-ups.**

Question 4: What part of our body does the Breastplate of Righteousness protect? **The chest or heart!**



TEACHING GUIDE - PRESCHOOL & VSN

Monthly Theme: I'm a Victory Kid

"You were taught to become a new person. That new person is made to be like God—made to be truly good and holy." - Ephesians 4:24

ACTIVITY 1: HEART HUNT

Items Needed: hide more than 5-10 paper hearts around the room, baskets for collecting the hearts.

Connection: Understand that God's truth lives in their hearts, and that Jesus makes their hearts clean through His righteousness.

Step 1: Hide hearts around the room

Step 2: Help the kids find the hearts around the room and gather them in the baskets.

ACTIVITY 2: TRUTH PARADE PART 2 - BREASTPLATE OF RIGHTEOUSNESS

(Marching rhythm – clapping or tapping as you go!)

Connection: We must always remember to run with God's truth, and the Breastplate of Truth reminds us of this.

Step 1: Play the music and do a fun "march" around the room chanting:

"I wear my breastplate every day,
To love like Jesus and choose God's way!"

ACTIVITY 3: BUBBLE PARTY

Items Needed: Bubbles and music!

We've got some extra time today, so let's spend it worshipping and dancing with bubbles!

CRAFT OR COLORING SHEET (USE 1 OR 2 OPTIONS DEPENDING ON CLASS AGE & TIME) BREASTPLATE OF RIGHTEOUSNESS

Items Needed: Breastplate template, precut breastplates, string, stickers, and crayons, hole puncher

Connection: Jesus gave us a special armor to guard our heart.

Step 1: Distribute precut breastplates, stickers, crayons, markers to decoration breastplate

Step 2: Punch holes to add string so students can wear their breastplate.

COLORING SHEET: BREASTPLATE COLORING SHEET

Items Needed: Coloring sheet and crayons.

Connection: Armor of God

Step 1: Distribute the coloring sheets and allow time to color.

The Armor of God

The Breastplate of Righteousness



Ephesians 6:13-17