



Monthly Theme: I'm a Victory Kid

"You were taught to become a new person. That new person is made to be like God—made to be truly good and holy." - Ephesians 4:24

LESSON - THE BELT OF TRUTH

Hey Victory Kids! Are you ready for an exciting lesson? Today, we will talk about something super cool: God's Armor! Did you know God gives us special armor to help us be strong, brave, and ready to do what's right?

DO IT: Can you show me your muscles? WOW! You all look powerful. But did you know God also makes us strong in our hearts and minds?

The armor that God gives us is not made from plastic or metal; it's made of truth. And the very first piece we will learn about is called the **Belt of Truth**.

SAY IT: The Belt of Truth. Now you repeat after me, The Belt of Truth. (**Touch your waist like you're putting on a belt**)

The **Belt of Truth** is part of God's special armor that helps us know what is true and correct. Just like a belt holds your clothes together so they don't fall, the Belt of Truth holds God's armor in place and helps keep our hearts and minds steady.

The Belt of Truth reminds us of what **God says is true**, not what mean voices say.

When you wear the Belt of Truth, you can

Know that God loves you

Remember that **you belong to Jesus**

Tell the truth even when it's hard

Feel strong and brave, even when you're scared

SAY IT: God loves me.... Please repeat after me... God loves me

SAY IT: I belong to Jesus ...now you say it... I belong to Jesus

SAY IT: I can tell the truth even when it's hard ... now you say it... I can tell the truth even when it's hard

SAY IT: I will feel strong and brave... repeat after me... I will feel strong and brave

Remember, God gives me the Belt of Truth

PRAYER: Dear God, thank You for Your truth. Help me wear the Belt of Truth every day. I want to live Your way and believe what You say. In Jesus's Name. Amen.

LESSON QUESTIONS - 10 MINS

2 & 3YR OLDS

Question 1: Does God give us armor to help us be strong and brave? **(Yes)**

Question 2: Should we believe mean voices? **(No)**

Question 3: Did we learn about the Belt of Truth? **(Yes)**

Question 4: Does God say that we are loved and that we belong to Jesus? **(Yes)**

4YRS - 1ST GRADE

Question 1: What did we learn about today? **The Belt of Truth.**

Question 2: What does the Belt of Truth help us do? **Know what is true and right.**

Question 3: Where do we learn God's truth? **In the Bible**

Question 4: What should you do if someone says something that isn't true about you? **Remember what God says!**



TEACHING GUIDE - PRESCHOOL & VSN

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ACTIVITY 1: THE TRUTH TOSS

Items Needed: 3–5 small buckets, baskets, or bins labeled with truths from God -“Loved”, “Forgiven”, “Chosen”, “Made New”, “God’s Child”, 3–5 beanbags or soft items to toss, and painter’s tape or string to mark a throwing line.

Connection: Today we learned that God’s Word teaches us the truth about what He says about us.

Step 1: Set Up the Buckets: Line up the buckets in a row or semi-circle.

Tape a label with one truth word on the front of each bucket (you can also print on cardstock and tape it to the wall behind the bucket if easier to read).

Step 2: Create the Tossing Line: Use painter’s tape or string to mark where the kids will stand when tossing. Adjust the distance based on age/skill level (closer for younger preschoolers, farther for older kids).

Step 3: Let Each Child Take a Turn: One at a time, kids toss a beanbag into a bucket. Wherever it lands, or the closes bucket that it lands next to, help them read or repeat the word on that bucket

ACTIVITY 2: TRUTH PARADE PART 1- BELT OF TRUTH

Connection: We must always remember to run with God’s truth, and the Belt of Truth reminds us of this.

Step 1: Play the music and do a fun “march” around the room chanting:

“God’s truth is in my heart!
I wear my belt to play my part!”

ACTIVITY 3: BUBBLE PARTY

Items Needed: Bubbles and music!

We’ve got some extra time today, so let’s spend it worshipping and dancing with bubbles!

CRAFT OR COLORING SHEET (USE 1 OR 2 OPTIONS DEPENDING ON CLASS AGE & TIME)

BELT OF TRUTH

Items Needed: Belt of truth craft belt

Connection: The Belt of Truth reminds us of the truth of what God said.

Step 1: Add stickers and decorate the belt.

Step 2: Add elastic string to the belt so that the kids can wear the belt of truth.

COLORING SHEET: BELT OF TRUTH

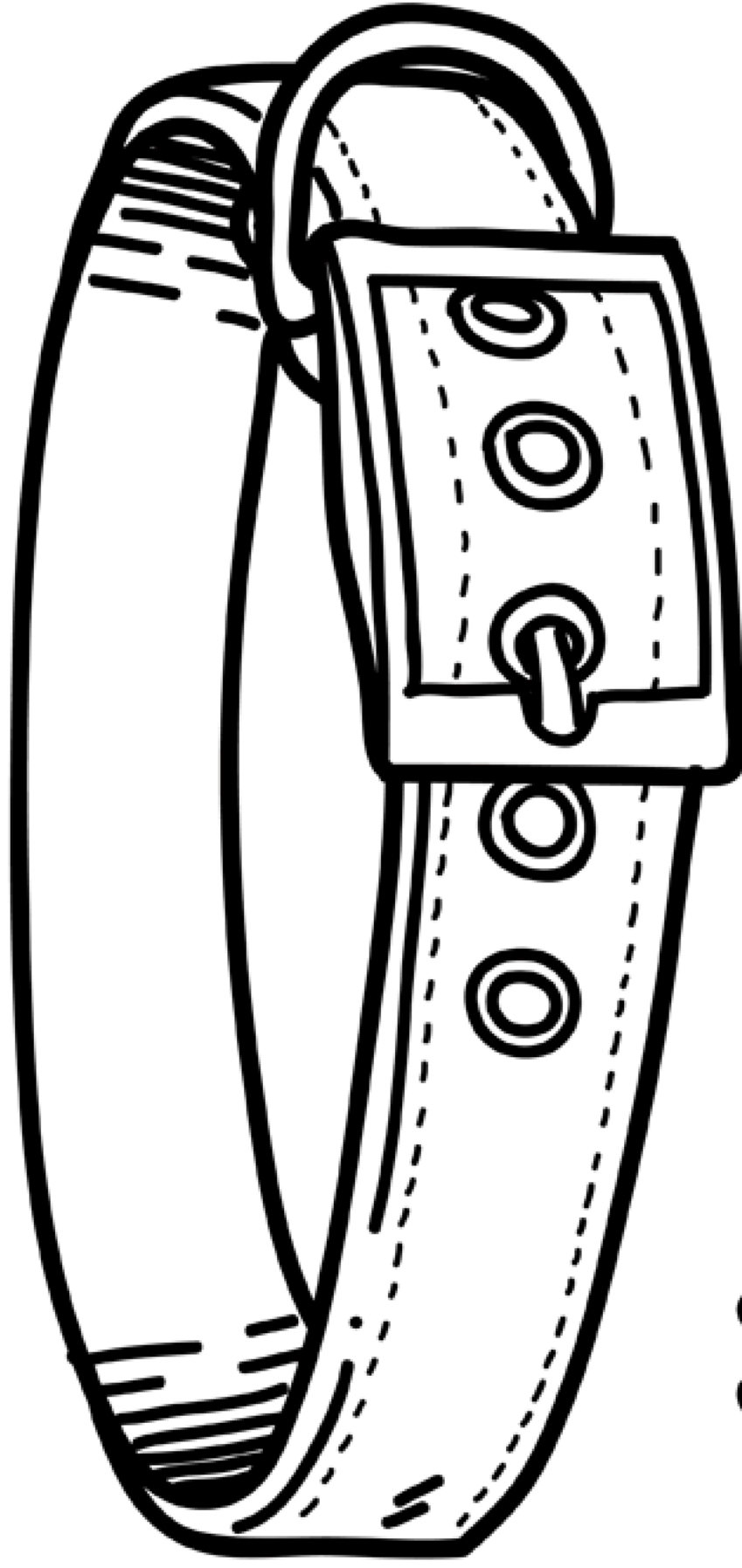
Items Needed: Coloring sheet and crayons.

Connection: The Belt of Truth reminds us of the truth of what God said.

Step 1: Distribute the coloring sheets and allow time to color.

Stand firm then,

with the belt of truth



buckled around your waist

Ephesians 6:14