



Teaching Guide - PRESCHOOL & VSN

Monthly Theme: Galactic Glow - Shining the Light of Jesus

“The Light shines in the darkness. And the darkness has not overpowered the Light” - John 1:5

LESSON - JESUS IS ALIVE

Good morning! Last week, we learned that Jesus is alive! Today, we are going to learn how to tell other people that Jesus is alive.

SAY IT: Jesus is alive!

Does anyone remember how many days Jesus was in the tomb?

SAY IT: Let's count to three. One. Two. Three. Three Days!

Display Slide 4-1: Three days later, two women came to the tomb. Only to find that the huge stone had been rolled away and Jesus was no longer in the tomb. An angel was there and told them that, “He is not here, He is risen!”

SAY IT: Let's say it together, “He is not here. He is risen!”

Display Slide 4-2: The angel told the women to hurry back and tell the disciples of the good news. That Jesus has risen. They were so full of joy that they did not wait. They ran to tell the disciples the wonderful news!

SAY IT: Let's say this together: Jesus is alive!

Later, Jesus appeared to all His disciples in a room. He showed them the marks on His hands and side so they would know that He had truly been hurt and healed. The disciples were so happy and full of hope—they knew that Jesus' love was stronger than anything!

So, Jesus told them to go and tell everybody about his love and his promises for us. Jesus said we should be the light wherever we go, showing kindness, caring for others, and bringing love to everyone we meet.

SAY IT: JESUS IS ALIVE!

PRAYER: Dear Jesus, thank you for showing us that You are alive! We are so happy that You rose from the tomb and filled our hearts with hope. Shine Your light in our hearts so that we tell our friends and family that You are alive. Help us to share Your love and kindness everywhere we go. We love You! In Jesus Name, Amen.

LESSON QUESTIONS - 10 MINS

2 & 3YR OLDS

Question 1: Did the women find the tomb empty? **(Yes)**

Question 2: Did an angel tell the women, “He has risen”? **(Yes)**

Question 3: Did Jesus stay in the tomb for eight days? **(No)**

Question 4: Is Jesus still alive? **(Yes)**

4YRS - 1ST GRADE

Question 1: Who is alive? **(Jesus)**

Question 2: What did the women find? **(Empty tomb)**

Question 3: What did Jesus show to his disciples? **(Wounds on his side and hands)**

Question 4: What did we shout? **(Jesus is alive!)**



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ACTIVITY 1: CROSS SCAVENGER HUNT

Items Needed: Cross cut-outs, baskets, hide the cross cut-outs around the room

Connection: This craft highlights Jesus’s victory over death, and just as we went over the room to find the crosses, we should go everywhere to tell others about this great victory.

Step 1: Have the children find the crosses and place them in the baskets. Each time a cross is found, everyone shouts, Jesus is alive.

ACTIVITY 2: FOLLOW THE LIGHT

Items Needed: A flashlight or glow stick

Connection: To teach the children that since Jesus is the light of the world, we must follow His instructions.

Step 1: The game is played like Simon Says. (Say Jesus says)

Some commands: Jesus says follow the light two steps to the left. Jesus says follow the light two steps to the right, Jesus says wave your hands in the air, Jesus says jump up and down three times.

Repeat commands as needed within time.

ACTIVITY 3: BUBBLE PARTY

Items Needed: Bubbles and music!

We’ve got some extra time today, so let’s spend it worshipping and dancing with bubbles!

CRAFT OR COLORING SHEET (USE 1 OR 2 OPTIONS DEPENDING ON CLASS AGE & TIME)

JESUS IS OUT OF THIS WORLD!

Items needed: Coloring sheet, crayons, and stickers.

Connection: Jesus’ friends came to the tomb three days later and saw that the big heavy stone was rolled away. Whoa! The tomb was empty, and Jesus was alive! Jesus is Out of This World Amazing!

Step 1: Distribute one worksheet and one sheet of planet stickers to each child.

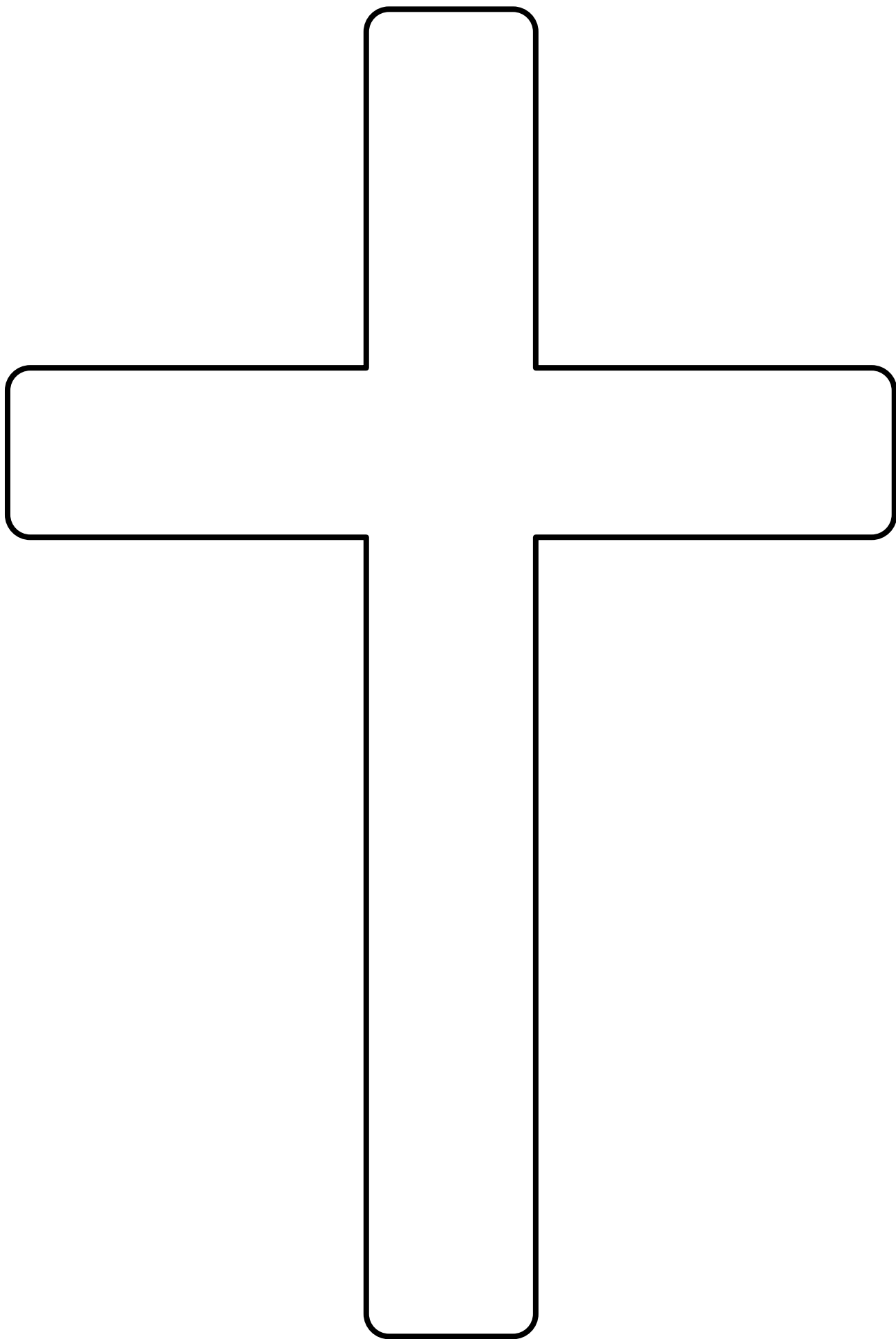
Step 2: Have teachers assist kids in creating a fun planet by placing it on the worksheet.

Step 3: Children will have fun decorating their planets. Jesus is Out of This World Amazing!

COLORING SHEET: HE IS RISEN

Items Needed: Coloring sheet and crayons.

Step 1: Distribute the coloring sheets and allow time to color.

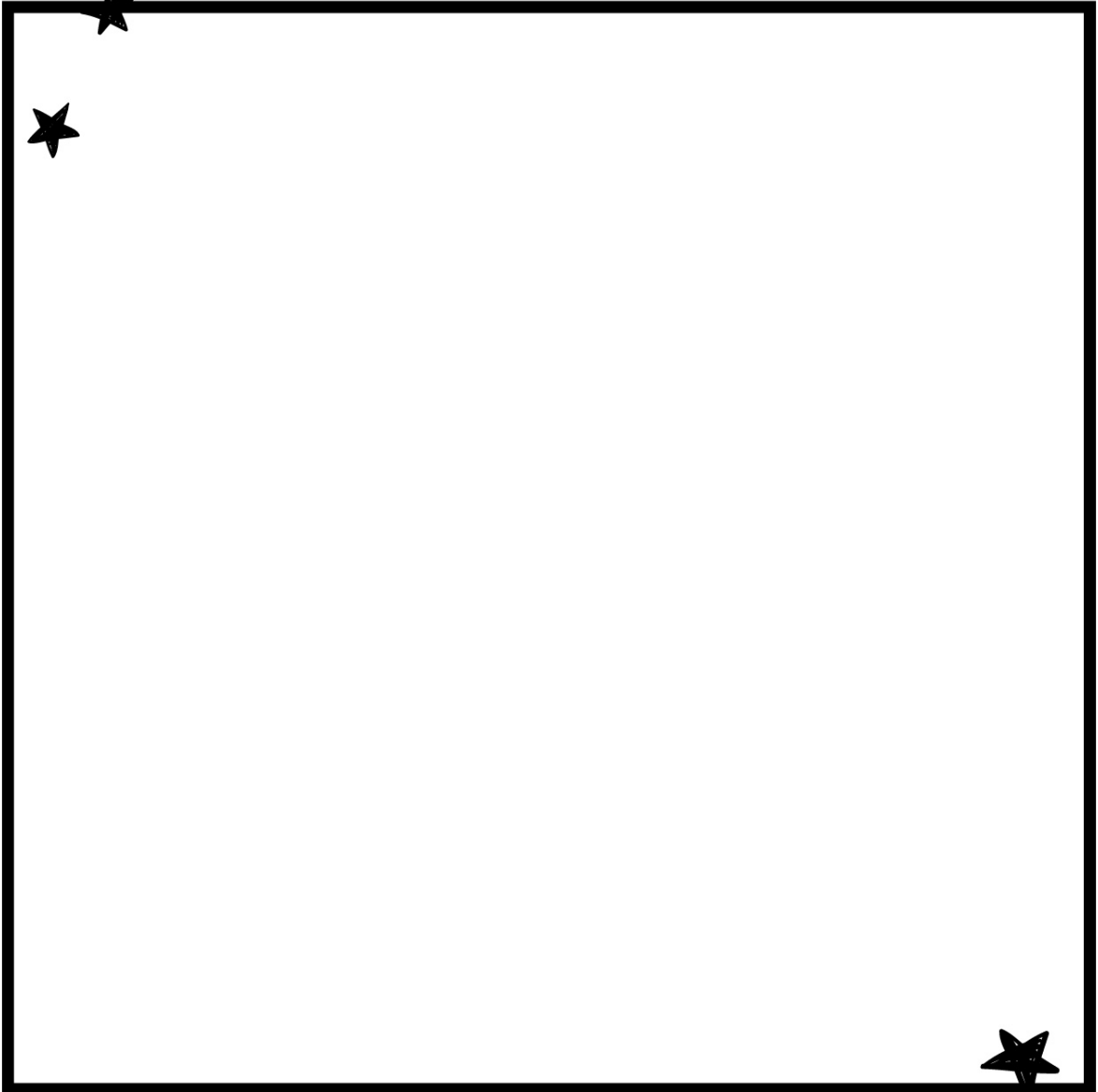


Name: _____

Date: _____

JESUS IS OUT OF THIS WORLD AMAZING!

“After three days, I will rise again.” Matthew 27:63



VICTORY
KIDS

