

# A Strategic Life Plan *Developing a One Page Strategic Life Plan*

**YOUR PERSONAL LIFE REQUIRES A PERSONAL STRATEGY** The Lord has called us to glorify Him (Matthew 5:16), to serve His Kingdom Purposes (Matthew 28:19-20), to serve others (Luke 22:24-30) and to do great and mighty things (Jeremiah 33:3).

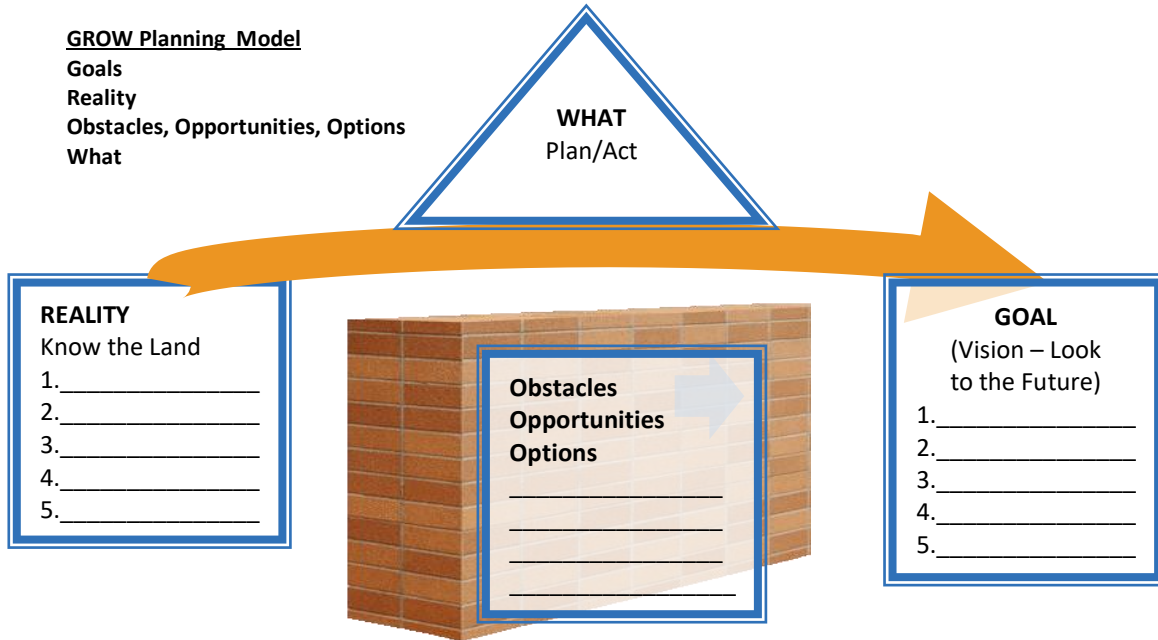
*Commit to the Lord whatever you do, and He will establish your plans. **Proverbs 16:3***

*In their hearts humans plan their course, but the Lord establishes their steps. **Proverbs 16:9***

*Many are the plans in a person's heart, but it is the Lord's purpose that prevails. **Proverbs 19:21***

*For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future. **Jeremiah 29:11***

**GROW Planning Model** – a simple planning tool that is helpful in coaching a person to find their path and take steps forward. The goal of a *One Page Strategic Life Plan*. This will serve you as a development guide to be of greater use to the Lord.



- 1. Establish the Goal** What do you want to change or do, and then establish a **goal** to achieve it. Make sure that this is a SMART goal: one that is Specific, Measurable, Attainable, Realistic, Time-bound. How will you know that you have achieved this goal or that the problem or issue is solved? Does this goal fit with the overall objectives? And does it fit with the team's objectives?
- 2. Examine the Current Reality** Describe your current reality in order to reach the goal effectively. What is happening now (what, who, when, and how often)? What is the effect or result of this? Have you already taken any steps towards your goal? Does this goal conflict with any other goals?
- 3. Explore the Obstacles, Opportunities, and Options** Examine the Obstacles and Opportunities that lie in front of you. Consider all of the possible options for reaching the objective. **Brainstorm** as many good options as possible. What else could you do? What if the constraints were removed? What are the advantages and disadvantages of each option? What do you need to stop doing?
- 4. What Will You Do** So, what will you do now, and when? What else will you do? What could stop you moving forward? How will you overcome this? How can you keep yourself motivated? When do you need to review progress? Daily, weekly, monthly? Finally, decide on a date when you'll both review the progress. This will provide some accountability and allow people to change their approach if the original plan isn't working.

**The Process:** 1. start with reality (where you are), 2. clarify the goal & end; 3. consider alternatives, 4. plan and take action

**R – Reality: Life Balance** – assess how you are doing in seven key arenas of life. Not where your gaps are and what can be done.

**G – Goal: Keeping The End in Mind** (Kingdom, eternity, glorifying the Lord, begin with “why”, fulfillment, and wise choices)  
 Priorities / Life Purpose Statement – Why / Life Verse / Values – Heart

**O – Obstacles, Opportunities, Options: Setting Priorities that Equal Outcome** Brainstorm and do a SWOT analysis to consider clear targets, goals, priorities, forward growth, and a life of excellence

**W – What: Making the Most of Your Time** (time management, accountability, and daily enjoyment) ) 3-5 Year Targets – What / 1 Year Goals – What / SMART Goals / GROW Model. Action Steps – How (Relational Accountability) / Daily Discipline – Now / One Page Plan – Map

## Start with Reality: Life Assessment and Life Balance

His master said to him, 'Well done, good and faithful slave. You were faithful with a few things, I will put you in charge of many things; enter into the joy of your master.' **Matthew 25:21**

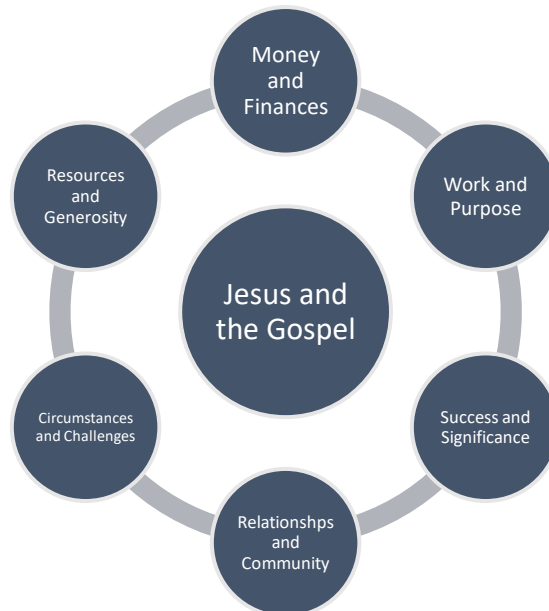
"Jesus grew in wisdom and stature and in favor with God and men." **Luke 2:52**

"I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well" **3 John 2**

Jesus grew: 1) psychologically, 2) physically, 3) spiritually and 4) socially. Jesus grew in relation to: 1) Himself, 2) God the Father and 3) others. Simply put: Healthy people function as God has designed and intended them to function. There is a balance.

The key to finishing well and hearing from the Lord "**well done, good and faithful slave (steward)**" is that of being a person of character (good) and being faithful. Character embodies the idea of being trustworthy, honest, and walking with integrity. Faithfulness is a simply doing everything you say you will do, what is mutually expected, and agreed upon. People can count on us. We need to focus tht character and faithfulness in seven arenas of life.

- |   |                 |
|---|-----------------|
| 1. Keep <b>Jesus</b> and the <b>Gospel</b> central in order to live as Christ and seek the eternal Kingdom first,<br><i>Phil 1:21, 1 Cor 9:23, Ps 73:28</i>       | <b>FOLLOWER</b> |
| 2. Bring order to your <b>Money</b> and <b>Finances</b> to lay a foundation for freedom, peace, and service.<br><i>1 Chron 29:11-12, 1 Cor 4:2, Mt 6:19-21</i>    | <b>STEWARD</b>  |
| 3. Clarify why you go to <b>Work</b> and what your <b>Purpose</b> is in order to produce direction and priorities.<br><i>Mt 5:16, Col 3:3, Col 1:27-29</i>        | <b>SERVANT</b>  |
| 4. Define true <b>Success</b> and <b>Significance</b> to empower your motivation and refine your motives.<br><i>2 Cor 5:17, Mt 6:33, 1 Cor 6:20</i>               | <b>CHILD</b>    |
| 5. Value <b>Relationships</b> and <b>Community</b> with love to create wholeness and give meaning to life.<br><i>1 Thes 2:8, 1 Cor 12:12, Rom 12:10</i>           | <b>SHEPHERD</b> |
| 6. Respond appropriately to life's <b>Circumstances</b> and <b>Challenges</b> because it will build or break you.<br><i>2 Cor 4:7-11, Js 1:2-4, Rom 8:28</i>      | <b>SLAVE</b>    |
| 7. Handle your <b>Resources</b> with <b>Generosity</b> in order to bless others and reap an eternal reward.<br><i>2 Cor 9:6-7,<br/>1 Pet 4:10,<br/>Prov 11:35</i> | <b>FRIEND</b>   |



**Exercise Assess yourself** On a scale of 1-10 rate yourself in each of the seven areas:

- \_\_\_\_\_ Keep **Jesus** and the **Gospel** central in order to live as Christ and seek the eternal Kingdom.
- \_\_\_\_\_ Bring order to your **Money** and **Finances** to lay a foundation for freedom and peace.
- \_\_\_\_\_ Clarify why you go to **Work** and what your **Purpose** is in order to produce direction and priorities.
- \_\_\_\_\_ Define true **Success** and **Significance** to empower your motivation and refine your motives.
- \_\_\_\_\_ Value **Relationships** and **Community** with love to create wholeness and give meaning to life.
- \_\_\_\_\_ Respond appropriately to life's **Circumstances** and **Challenges** because it will build or break you.
- \_\_\_\_\_ Steward your **Resources** with **Generosity** in order to bless others and reap an eternal reward.

Where are your gaps?

<b>Goals Keeping the End in Mind: Life Purpose Planning Guide</b>
<b>Outcomes</b>
<p>How do I want to be remembered?</p> <p>What are my life dreams?</p>
<b>Priorities</b>
<p>What are God’s priorities?</p> <p>What are your life priorities?</p>
<b>Actions</b> <b>God’s overall desire for us – “Go and Make disciples of all nations.”</b>
<p>Who are you? What is your marital status? Family? Occupational status?</p> <p>What is your passion(s)?</p> <p>What are your spiritual gifts?</p> <p>What are your skills?</p> <p>What is your personality / temperament?</p> <p>Now take the God’s common purpose and integrate your answers to begin to write a purpose statement.</p>
<p><b>Knowing God’s Will (George Mueller)</b></p> <ol style="list-style-type: none"> <li>1. I seek at the beginning to get my heart into such a state that it has no will of its own in regard to a given matter. Nine-tenths of the trouble with people generally is just here. Nine-tenths of the difficulties are overcome when our hearts are ready to do the knowledge of what His will is.</li> <li>2. Having done this, I do not leave the result to feeling or simple impression. If so, I make myself liable to great delusions.</li> <li>3. I seek the Will of the Spirit of God through, or in connection with, the Word of God. The Spirit and the Word must be combined. If I look to the Spirit alone without the Word, I lay myself open to great delusions also. If the Holy Ghost guides us at all, He will do it according to the Scriptures and never contrary to them.</li> <li>4. Next I take into account providential circumstances. These indicate God’s will in connection with His Word and Spirit.</li> <li>5. I ask God in prayer to reveal His Will to me aright.</li> <li>6. Thus, (1) through prayer to God, (2) The study of the Word, and (3) reflection, I come to a deliberate judgment according to the best of my ability and knowledge,</li> <li>7. My mind is at peace, and continues so after two or three more petitions, I proceed accordingly.</li> </ol>

<b>ONE PAGE STRATEGIC LIFE PLAN    Personal Development Plan</b> <b>Goals: Keeping the End in Mind</b> (Kingdom, eternity, glorifying the Lord, the gospel, begin with "why", fulfillment, and making wise choices)	
<b>Life Purpose Statement:</b>  <b>What Difference Will it Make?</b>  <b>Life Verse:</b>  <b>Values:</b>	
<b>Reality: Life Balance:</b> How are you doing? Where are your gaps? See previous assessment – Acknowledge areas to be addressed.	
<b>Obstacles, Opportunities, Options:</b> What are your obstacles, opportunities, and options? What are potential key actions you can take?  On your top 3 potential key actions – do a SWOT analysis: Strengths, Weakness, Opportunities, Threat. (helps in prioritizing)	
<b>What: Setting Priorities that Equal Outcome</b> Clear targets, goals, priorities, forward growth, and a life of excellence Intimacy with Jesus, Marriage, Family and Children, Ministry, Finances, Work / Career, Business	
<b>3 Year Targets:</b>	<b>1 Year Goals:</b>
<b>What: Making the Most of Your Time.</b> Time management, accountability, and daily enjoyment. Accountability – Who?	
<b>Action Steps for 1 Year Goals:</b>          <u><b>Ongoing Strategic Actions</b></u> <b>What do I need to Stop:</b> <b>What Should I Start:</b> <b>What Should I Continue:</b>	
<b>Resources Needed. Who are you accountable to?</b>	
<b>Prayer For The Lord's Power and Direction</b>	